

NUTRITIONAL HIGH ANNOUNCES FINANCIAL RESULTS FOR Q1 2020 ENDED OCT 31, 2019

Q1 Cannabis Sales of \$6.7 million, Quarter over Quarter growth of 19%

Toronto, Ontario – December 31, 2019 – Nutritional High International Inc. ("Nutritional High" or the "Company") (CSE: EAT, OTCQB: SPLIF) is pleased to announce its financial and business results for the first quarter ended October 31, 2019.

	Q1 2020	Q4 2019	Change	Q1 2019	Change
Revenue	\$6,694	\$5,629	\$1,065	\$5,764	\$930
COGS	\$5,122	\$4,417	\$705	\$4,639	\$483
Gross Profit	\$1,572	\$1,212	\$360	\$1,125	\$447
Gross Margin %	23.5%	21.5%	2.0%	19.5%	4.0%
Lease and Interest Revenue*	\$47	\$65	-\$17	\$1	\$46
Operating Expenses	\$4,842	\$6,532	-\$1,690	\$4,252	\$590
Other Income (Loss)	\$104	-\$6,666	\$6,770	\$4,539	-\$4,435
Net and Comprehensive Income/(Loss)	-\$3,281	-\$11,923	\$8,642	\$1,112	-\$4,392
Earnings/(Loss) per Share	-\$0.000	-\$0.033	\$0.033	\$0.004	-\$0.004

All Figures in Thousands CAD, unless otherwise stated

Green Therapeutics (Nevada) and Palo Verde (Colorado) financials are not consolidated in these results

Q1 2020 Financial Highlights:

- Revenue
 - \$6.7 million from the sale of cannabis related products, primarily via its distributor in California, Calyx Brands Inc. ("Calyx"), which has now become one of the leading distributors in the state catering to over 600 retailers.
 - Represents a Q.o.Q increase of 19%, Y.o.Y increase of 16% and highest quarterly revenue for the Company.
 - In the coming months, management fully expects to consolidate revenue and financials from Green Therapeutics, LLC ("Green Therapeutics") and directly enter the Colorado market.
- Gross Profit of 23.5%, indicating cost of goods sold of \$5.1 million including costs of product purchase, direct labor related to products sales and an allocation of overhead directly attributable to product sales. Margin improvement of 2.0% vs prior quarter and 4.0% vs prior year.

^{*} Historically, revenue was derived from lease and interest income; beginning fiscal Q3 2018, the Company started to earn revenue from Cannabis sales

- Operating expenses of \$4.8 million, a decrease of \$1.7 million from the prior quarter, primarily
 due to one-time Q4 2019 true up of payroll taxes and reserve on inventory, along with general
 reduction in legal and consulting fees.
- Other Income gain of \$0.1 million, an improvement of \$6.8 million versus prior quarter primarily due to Q4 2019 Marley License and Trademark Impairment of \$5.2 million. Excluding this, financing costs, foreign exchange gain/loss, and other items attributed to the residual change of \$1.6M.
- In the coming months, management is focusing on efforts to bring on and ramp up higher margin business lines through a renewed focus on its manufacturing infrastructure in California, Oregon, Colorado and Nevada, and is taking steps toward Calyx achieving break-even followed by a sustained growth in profitability arising from its new distribution service model.

Business Highlights: Q1 2020 and Subsequent

- Calyx has continued to demonstrate its capability to consistently grow revenues and expand its
 distribution footprint across the State of California. For the three months ended October 31, 2019,
 the Company recognized Calyx's record revenue of \$6,679,276.
- In December 2019, there was a termination of the distribution relationship between Calyx and a subsidiary of Plus Products Holdings Inc which constituted a significant amount of revenue for the Company. However, over the last couple of months, Calyx has taken multiple steps towards the implementation of a new distribution service model. With a more diversified customer base and absence of any go-forward concentration risk, Calyx is able to offer a range of services from a lower cost, fulfillment-only to full-service sales and support depending on the customer needs and stage of brand lifecycle. This is complemented by recent cost re-structuring actions at the Company's subsidiary which includes an elimination of any non-critical operational costs, a reduction in administrative headcount and a division wide pay reduction, while leaving in place its statewide sales organization to facilitate the new service model and continuous brand on-boarding.
- In Q1 2020 and subsequent, Calyx onboarded five new brand partners and the Company expects further substantial onboarding over the next 6 months. Through its revamped model featuring flexible à la carte service offerings, Calyx is proving to be the premier distribution option for brands at every stage of their growth cycle. Even with a reduced revenue base, Calyx is expecting an improvement in profitability as an outcome of both the new service model and the cost optimization carried out. While it will take some time and additional financing sources for Calyx's new model to replace the revenue lost by the shift away from servicing Plus Products, management is confident that the new model will prove over time to be more scalable, profitable and a source of sustained competitive advantage for Calyx.
- The Company amended its asset purchase agreement with Calyx which was previously closed in escrow pending regulatory approval, to recast it as a share purchase agreement to better streamline operations and simplify regulatory compliance. The Company now holds an aggregate

of 80% interest in Calyx for no additional consideration, with the option to purchase the remaining 20% for nominal consideration.

- The Nutritional High team has been working closely with Palo Verde LLC in the development, manufacturing and marketing of FLÏ™ products in Colorado and continuing to improve current facility's operations and processes. In December 2019, Palo Verde LLC won the LeafLink List 2019 award for the best-selling vaporizer in the nation.
- In Colorado, recent regulatory changes in the State have paved the way for publicly traded companies to own the means of cannabis production and the Company is looking forward to additional ease of access to the market as a result of these changes.
- In October 2019, the Company positioned itself to be a first mover in an underexplored segment of the market by entering a binding framework agreement with Golden Triangle Health Company Ltd. ("Golden Triangle") to manufacture and distribute Asian branded products in North America. Golden Triangle is a Thailand-based health and wellness company with a strong family of brands (the "Brands") looking to break into the North American market. Nutritional High will be responsible for providing North American market assessments for the Brands' products, and for those products selected will be responsible for infusion, packaging, marketing, distribution and sales in jurisdictions where those products are legal.
- On December 19, 2019, the Company appointed Robert Wilson as CFO, replacing Michael DiNapoli. Mr. Wilson is an accomplished senior executive having previously held positions in investment banking and private equity at BMO Nesbitt Burns, Mackie Research Capital and Yorkton Securities. Mr. Wilson also served as senior executive and director for a number of Canadian and US publicly listed companies where he was responsible for corporate finance, investor relations, financial and regulatory reporting, and mergers and acquisitions.
- On August 23, 2019, the Company issued a non-brokered private placement comprised of 1,807 secured convertible debenture units (the "Debenture Units") a price of \$1,000 per Debenture Unit for an aggregate principal amount of \$1,807,000. Each Convertible Debenture Unit is comprised of a \$1,000 principal amount 9% subordinate secured convertible debenture and 5,000 common share purchase warrants. Each common share purchase warrant is exercisable into a common share of the Company at a price of \$0.24 for 36 months from the date of issuance. The Convertible Debentures are convertible into common shares at a price of \$0.20 per share at any time prior to maturity date.
- On December 30, 2019, the Company held a meeting of the unsecured debenture holders of March 2018 convertible debentures and received approval for the proposed amendments to the terms of the debentures as follows:
 - A reduction in the Conversion Price from \$0.60 to \$0.15 until maturity of the Debentures; and
 - The Company is authorized to pay the interest due on the Debentures in cash at the existing rate of 10% per annum, or through the issuance of its Common Shares at a rate of 14% per annum, at the sole discretion of the Company. Such issuance of Common Shares will be set at a price which is equal to the weighted average closing price for the

Common Shares during the twenty (20) trading day period ending on the last complete trading day, five (5) days prior to the date upon which interest is due on the Debentures. (the "Interest Conversion Price").

In accordance with the approved amendments, the Company has elected to pay the interest due on December 31, 2019 in Common Shares. Based on an Interest Conversion Price of \$0.045 per share, the Company shall issue 12,339,707 Common Shares to the debenture holders.

- On December 9, 2019, the Company, through Calyx, entered into a settlement agreement with Carberry, LLC, Plus Products Holdings Inc., and Plus Products Inc. (collectively referred herein as "Plus") to settle certain disputes relating to the service agreement entered between Calyx and Plus on February 1, 2018. Pursuant to the settlement agreement, Plus will assume responsibility for Plus-branded inventory held by Calyx and certain trade receivables and cash balance associated with sales of Plus products. As part of this settlement agreement, the Company ceased to undertake new sales of Plus-branded products and Plus will forbear for a period of 180 days for repayment of amount owing to Plus.
- In November 2019, the Company reached a settlement agreement with TKO Products LLC ("**TKO**") whereby the Company accepted a settlement for a total receipt of US\$325,000. The settlement agreement releases all matters including TKO's counterclaim (see The Company's press release dated July 25, 2019).
- The Company has also commenced a strategic review of the business to become more costefficient, with a focus on manufacturing and brand development. To assist in the review process, the Company has engaged Eight Capital as a financial advisor.

About Nutritional High International Inc.

Nutritional High is focused on developing, manufacturing and distributing products under recognized brands in the cannabis products industry, with a specific focus on edibles and oil extracts for medical and adult recreational use. The Company works exclusively with licensed facilities in jurisdictions where such activity is permitted and regulated by state law.

The Company follows a vertically integrated model with a fully developed strategy for acquisitions in extraction, production, sales, and distribution sectors of the cannabis industry. Nutritional High has brought its flagship FLi™ edibles and extracts product line from production to market through its wholly owned subsidiaries in California and Oregon, as well as Colorado where its FLi™ products are manufactured by a third-party licensed producer. In California, the Company distributes its products and products manufactured by other leading producers through its wholly owned distributor Calyx Brands Inc. and is entering the Nevada, Washington State and Canadian markets in the near future.

For updates on the Company's activities and highlights of the Company's press releases and other media coverage, please follow Nutritional High on <u>Facebook</u>, <u>Twitter</u> and <u>Instagram</u> or visit <u>www.nutritionalhigh.com</u>.

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