



NUTRITIONAL HIGH PROVIDES AN UPDATE ON PALO VERDE'S ACTIVITIES IN COLORADO

Toronto, Ontario – June 25, 2019 – Nutritional High International Inc. ("**Nutritional High**" or the "**Company**") (CSE: **EAT**, OTCQB: **SPLIF**, FRANKFURT: **2NU**) is pleased to provide an update regarding the funding and operations of Palo Verde LLC ("**Palo Verde**"), the Company's licensed tenant at its campus in West Pueblo, CO ("**Pueblo Facility**").

In 2018, Palo Verde was working on obtaining a renewal for its retail marijuana products manufacturer license ("**Retail MIPs License**"), which was obtained in October 2018 through a settlement with Colorado Department of Revenue, Marijuana Enforcement Division ("**MED**"). As a condition of its Retail MIPs License renewal, Palo Verde had to obtain alternative financing for the promissory notes made between Palo Verde and the Company. Palo Verde has obtained the required financing in the amount of US \$250,000 ("**New PV Loan**") in April 2019 from a third party unrelated to the Company and Palo Verde ("**New Lender**") and has submitted the requisite documents to the MED for approval. In connection with the New PV Loan and to comply with MED requirements, the Company assigned its prior note with Palo Verde to the New Lender. All other agreements between-wholly owned subsidiaries of the Company and Palo Verde remain in full effect, which include:

- i) Lease agreement pursuant to which Palo Verde leases the Company's Pueblo Facility.
- ii) Packaging supply agreement pursuant to which Nutritional High supplies FLI-branded packaging to Palo Verde.

The agreements are described in more detail in the Company's financials and MD&A for the six months ended January 31, 2019. The New PV Loan arrangement is not expected to materially affect the basis on which the Company continues to work with Palo Verde but provides certainty with respect to the business arrangement vis-à-vis the MED regulatory framework. Both the Company and Palo Verde expect that the access to additional funding through the net proceeds of the New PV Loan, ability to expand the licensed premises at the Pueblo Facility, and access to Nutritional High's expertise and intellectual property provide a solid foundation for Palo Verde to continue accelerating sales in the State of Colorado.

Since reaching the settlement with MED, Palo Verde also secured a license to manufacture medical marijuana-infused products ("**Medical MIPs License**") and is awaiting receipt of a retail cultivation license ("**Retail Cultivation License**"). The current license coupled with the physical infrastructure at the Pueblo Facility provides Palo Verde a solid base to expand its product offering and sales.

Adam Szweras, CEO of Nutritional High, commented: "We're pleased with the progress Palo Verde continues to make as it expands its footprint in the State of Colorado. We've seen Palo Verde grow from a startup with only a couple of employees to an established player in a mature market continuously growing its market share. Our strategic relationship with Palo Verde allows us to increase visibility of our in-house FLI brand in one of the largest markets in the country. Palo Verde's ability to grow sales with recent easing of regulatory headwinds is an exciting development for us and our strategic partners."

Palo Verde currently produces concentrates and edibles from the Company's 11,000 sq. ft. state-of-the-art extraction and manufacturing facility. It uses a unique oil processing technique, utilizing both short-path distillation and VTA scale machinery to ensure a potent, clean, consistent product. At this time, Palo Verde has active working relationships with more than 100 dispensaries throughout the State of Colorado, which carry FLI-branded products. Palo Verde has indicated to the Company that it expects continued revenue growth as it introduces new product SKUs, bolsters its sales team, and expands its licensed premises.

Palo Verde currently manufactures multiple SKU's of FLI-branded cannabis products, including: FLI Vape Pens, FLI Syringes, FLI Extracts, FLI Chocolates, FLI Space Joints, and bulk oil. For more information on the FLI product lines and the locations which carry FLI Branded products please visit <https://www.getfli.com>. FLI chocolates have been in production by Palo Verde for over 6 months. Palo Verde informs the Company that it expects to introduce an additional three FLI-branded product lines in 2019, including FLI-branded gummies, press tabs and hard candies.

About Nutritional High International Inc.

Nutritional High is focused on developing, manufacturing and distributing products under recognized brands in the cannabis products industry, with a specific focus on edibles and oil extracts for medical and adult recreational use. The Company works exclusively with licensed facilities in jurisdictions where such activity is permitted and regulated by state law.

The Company follows a vertically integrated model with a fully developed strategy for acquisitions in extraction, production, sales, and distribution sectors of the cannabis industry. Nutritional High has brought its flagship FLI™ edibles and extracts product line from production to market through its wholly owned subsidiaries in California and Oregon, as well as Colorado where its FLI™ products are manufactured by a third-party licensed producer. In California, the Company distributes its products and products manufactured by other leading producers through its wholly owned distributor Calyx Brands Inc. and is entering the Nevada, Washington State and Canadian markets in the near future.

For updates on the Company's activities and highlights of the Company's press releases and other media coverage, please follow Nutritional High on [Facebook](#), [Twitter](#), and [Instagram](#) or visit www.nutritionalhigh.com.

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