



Nutritional High International Inc.
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NUTRITIONAL HIGH RECEIVES OREGON MARIJUANA PROCESSOR LICENSE

FOR IMMEDIATE RELEASE

Toronto, Ontario – Nutritional High International Inc. (the "**Company**" or "**Nutritional High**") (CSE: EAT, OTCQB: SPLIF, FRANKFURT:2NU) is pleased to announce that the Oregon Liquor Control Commission has granted a Marijuana Processor License to the Company's wholly owned Nutritional High (Oregon) LLC, for its facility in La Pine, Oregon.

The La Pine facility build out has been complete and the Company will immediately commence processing a wide range of products under the Nutritional High's FLI brand. Initial product offerings will include vape cartridges, syringes, and dab jars. Following the initial launch, the Company will roll out FLI-branded cannabis-infused edible products that will include chocolates, additional syringe offerings, and multiple other innovative products.

The Company's La Pine facility will focus on processing cannabis oil and manufacturing cannabis infused edible products. The Company will buy cannabis trim, shake and flower from third parties for extract using its proprietary cryo-ethanol process. The La Pine facility is made up of three contiguous parcels of land totaling 18,295 square feet (0.42 acres) with 4,662 square feet of manufacturing and office space and 540 square feet of mezzanine storage space. Located in the City of La Pine 30 miles from picturesque Bend, Oregon, the facility is well situated to service the Portland market as well as smaller centers throughout the State.

Start-up and Speed to market

"We are very pleased to receive our licensing in Oregon," commented Nutritional High CEO Jim Frazier. "This is another of many great advancements that Nutritional High has made in recent months. The commencement of our manufacturing and processing operations in California earlier this month, and now Oregon, fulfills key components of our vision for 2018."

"We are all excited to start production at the La Pine facility and launch our FLI-branded products into the Oregon market place," continued Mr. Frazier. "The La Pine facility will further our West Coast manufacturing reach and give us the ability to expand further by partnering with other brands as well. In addition, La Pine will be one of our premier Research and Development facilities where we will have a team dedicated to developing unique and innovative products not just for Oregon but for all markets where we operate. La Pine will be working with a major distributor in the Oregon market to drive sales and distribute our products state wide."

David Posner, Co-chairman of Nutritional High, commented as follows: "The Nutritional High team has done a great job on getting La Pine ready for this day and I am very proud of the advancements that we have made in 2018. La Pine will be key in our overall corporate strategy and play a major part of our success."

About Nutritional High International Inc.

Nutritional High is focused on developing, manufacturing and distributing products under recognized brands in the cannabis products industry, with a specific focus on edibles and oil extracts for medical and adult recreational use. The Company works exclusively through licensed facilities in jurisdictions where such activity is permitted and regulated by state law.

The Company follows a vertically integrated model with a fully developed strategy for acquisitions in extraction, production, sales, and distribution sectors of the cannabis industry. Nutritional High has brought its flagship FLI™ edibles and extracts product line from production to market through its wholly owned subsidiaries in California and Oregon, as well as Colorado where its FLI™ products are manufactured by a licensed producer. The Company distributes its products and products manufactured by other leading producers through its wholly owned distributor Calyx Brands Inc. The Company also owns a 50% interest in The Clinic Effingham (an Illinois dispensary), and is entering the Nevada, Washington State and Canadian markets in the near future.

For updates on the Company's activities and highlights of the Company's press releases and other media coverage, please follow Nutritional High on [Facebook](#), [Twitter](#), [Instagram](#) and [Google+](#) or visit www.nutritionalhigh.com.

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