

Nutritional High International Inc.

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Nutritional High: Starbuds places first order of FLI Branded Vape cartridges

FOR IMMEDIATE RELEASE

Toronto, Ontario – Nutritional High International Inc. (the "**Company**" or "**Nutritional High**") (CSE: EAT, OTCQB: SPLIF, FRANKFURT:2NU) is pleased to announce that FLI-branded vape pen cartridges will now be available at select Starbuds locations in Colorado.

Palo Verde LLC ("Palo Verde"), the Company's licensed tenant in Colorado, has delivered its first order of 500mg FLI-branded vape pen cartridges to Starbuds which is one of Colorado's leading dispensary operators with eight locations in Pueblo, Commerce City, Louisville, Denver and Aurora. Currently, FLI cartridges will be carried in Starbuds' Pueblo and Pueblo West dispensaries located at 4305 Thatcher Ave. and 480 S McCulloch Blvd, respectively.

David Johnson, owner of Palo Verde commented - "We are pleased with the progress being made in terms of the FLI brand's ability to penetrate the Colorado market. We're excited to continue partnering with premier dispensary operators like Starbuds and we look forward to offering FLI products at additional Starbuds locations across Colorado in the near future."

About Nutritional High International Inc.

Nutritional High is focused on developing, manufacturing and distributing products and nationally recognized brands in the marijuana-infused products industry, including edibles and oil extracts for nutritional, medical and adult recreational use. The Company works exclusively through licensed facilities in jurisdictions where such activity is permitted and regulated by state law.

For updates on the Company's activities and highlights of the Company's press releases and other media coverage, please follow Nutritional High on <u>Facebook</u>, <u>Twitter</u> and <u>Instagram</u> or visit www.nutritionalhigh.com.

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