



Nutritional High International Inc.
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**NUTRITIONAL HIGH ANNOUNCES SALE OF FLI
CARTRIDGES TO NATURE'S HERBS IN COLORADO**

FOR IMMEDIATE RELEASE

Toronto, Ontario – Nutritional High International Inc. (the "**Company**" or "**Nutritional High**") (CSE: EAT, OTCQB: SPLIF, FRANKFURT:2NU) is pleased to announce that Palo Verde LLC ("**Palo Verde**"), a company's licensed tenant in Colorado has filled a major order for Natures Herbs and Wellness Center in Colorado ("**Natures Herbs**").

FLI Product Sales Orders with Natures Herbs

Palo Verde has fulfilled a large order of ½ gram FLI-branded vape pen cartridges with Natures Herbs in anticipation of increased demand for products on 420. Nature's Herbs owns several dispensaries in the Denver area.

Palo Verde continues to expand its product distribution network, as it ramps up the sales of FLI-branded products. The Company will post additional pictures in this regard on its social media pages.

David Johnson, Owner of Palo Verde commented - "We are excited to announce this partnership between Palo Verde and Nature's Herbs and look forward to continue developing the relationship as we introduce additional product lines."

About Nutritional High International Inc.

Nutritional High is focused on developing, manufacturing and distributing products and nationally recognized brands in the hemp and marijuana-infused products industries, including edibles and oil extracts for nutritional, medical and adult recreational use. The Company works exclusively through licensed facilities in jurisdictions where such activity is permitted and regulated by state law.

For updates on the Company's activities and highlights of the Company's press releases and other media coverage, please follow Nutritional High on [Facebook](#), [Twitter](#), [Instagram](#) and [Google+](#) or visit www.nutritionalhigh.com.

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