



Nutritional High International Inc.
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**NUTRITIONAL HIGH ANNOUNCES COMPLETION OF LOCAL PERMITTING AND
PALO VERDE COMMENCING OPERATIONS**

FOR IMMEDIATE RELEASE

TORONTO, ONTARIO – Toronto, Ontario – Nutritional High International Inc. (the "Company" or "Nutritional High") (CSE: EAT, OTCQB: SPLIF, FRANKFURT:2NU) is pleased to announce that Palo Verde has successfully passed all local inspections for its project in West Pueblo, Colorado, and is commencing operations.

All requisite work for the extraction phase of the project has been completed, and Pueblo Regional Building Department has successfully completed the inspection of the facility and has issued the certificate of occupancy, certifying that the facility meets all the building code requirements of Pueblo County. This was the final inspection required to permit Palo Verde to commence its extraction operations.

Jim Frazier, CEO of Nutritional High commented – “I would like to thank all parties involved in helping us reach this important milestone. We’re excited to enter this new phase of our project in Colorado and look forward to working with Palo Verde to roll out the extraction business and to take steps to implement stage two of our efforts, namely the establishment of marijuana edible manufacturing lines.”

David Johnson, owner of Palo Verde commented – “We're excited to commence operations and aggressively start building a solid stream of revenue. On behalf of the Palo Verde team I would like to thank Nutritional High for their assistance and guidance throughout the construction and permitting process, and we look forward to continue working with them in our efforts to become a market leader in the marijuana oils and edibles space in Colorado.”

About Palo Verde LLC

Palo Verde LLC is a private Colorado company which holds a license to manufacture retail marijuana-infused products within the State of Colorado. Nutritional High has leased its Pueblo facility to Palo Verde and also provided financing to allow Palo Verde to establish operations. In future, Palo Verde intends to enter into additional agreements with Nutritional High to have the right to use its brands and intellectual property, endeavoring to become one of the top manufacturers of oils and edibles in the State of Colorado.

About Nutritional High International Inc.

Nutritional High is focused on developing, manufacturing and distributing products and nationally recognized brands in the hemp and marijuana-infused products industries, including edibles and oil extracts for nutritional, medical and adult recreational use. The Company works exclusively through licensed facilities in jurisdictions where such activity is permitted and regulated by state law.

For updates on the Company's activities and highlights of the Company's press releases and other media coverage, please follow Nutritional High on [Facebook](#), [Twitter](#), [Instagram](#) and [Google+](#).

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