

March 15, 2016

**NUTRITIONAL HIGH AND CANOPY GROWTH CORP. JOINT PRESS RELEASE:
SECOND PHASE OF CONSULTING UNDERTAKEN BY NUTRITIONAL HIGH FOR
CANOPY GROWTH**

FOR IMMEDIATE RELEASE

TORONTO, ONTARIO – Nutritional High International Inc. ("**Nutritional High**") (CSE: EAT, OTCQB: SPLIF) is pleased to announce the successful completion of a second phase in its consulting for Canopy Growth Corporation ("**Canopy Growth**") (TSXV:CGC), a company formed when Tweed Marijuana Inc. acquired Bedrocan Cannabis Inc.

Nutritional High assisted Canopy Growth in evaluating different extraction processes and their variant components with a focus on maximizing oil extract yield from the cannabis plant. The involvement of Nutritional High with Canopy Growth demonstrates the recognition of Nutritional High's oil extraction expertise and the Nutritional High would welcome the opportunity to work with Canopy Growth in the future to share its extraction proficiency, which is a core of Nutritional High's business.

Bruce Linton, CEO of Canopy Growth commented – "We appreciate the assistance of Nutritional High as we advance our extraction operations. Their personnel provided us with valuable insight."

David Posner, CEO of Nutritional High commented – "It is great to have the opportunity to demonstrate our skill-set to a market leader such as Canopy. We are sure that they will be successful in the Canadian marketplace and we are proud to be assisting. As Canada's licensing regime and oils and edibles rules and regulations develop further, we look forward to deepening our involvement in the Canadian marketplace."

About Canopy Growth Corporation

Canopy Growth is Canada's first publicly traded medical marijuana company and the first geographically diversified producer with multiple licenses under the Marijuana for Medical Purposes Regulations. Through its wholly owned subsidiaries, Tweed, Tweed Farms, and Bedrocan, it operates three state-of-the-art production facilities in Ontario and distributes marijuana across the country to Canadian patients managing a host of medical conditions. Canopy Growth is dedicated to educating healthcare practitioners, providing consistent access to high quality medication, conducting robust clinical research, and furthering the public's understanding of how marijuana is used for medical purposes.

www.canopygrowth.com.

About Nutritional High International Inc.

Nutritional High is focused on developing, manufacturing and distributing products and nationally recognized brands in the hemp and marijuana-infused products industries, including edibles and oil extracts for nutritional, medical and adult recreational use. Nutritional High works exclusively through licensed facilities in jurisdictions where such activity is permitted and regulated by state law.

For updates on the edibles industry and highlights of the Nutritional High's press releases and other media coverage, please follow us on [Facebook](#), [Twitter](#), [Instagram](#) and [Google+](#).

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Canopy Growth's and Nutritional High's securities have not been registered under the U.S. Securities Act of 1933, as amended (the "U.S. Securities Act"), or applicable state securities laws, and Canopy Growth's securities not be offered or sold to, or for the account or benefit of, persons in the United States or "U.S. Persons", as such term is defined in Regulation S under the U.S. Securities Act, absent registration or an applicable exemption from such registration requirements. This press release shall not constitute an offer to sell or the solicitation of an offer to buy nor shall there be any sale of the securities in the United States or any jurisdiction in which such offer, solicitation or sale would be unlawful.

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