

Nutritional High International Inc.

77 King Street West, Suite 2905 Toronto, ON M5K 1H1

November 26, 2015

NUTRITIONAL HIGH CLOSES THE ACQUISITION OF ILLINOIS PROPERTY

FOR IMMEDIATE RELEASE

TORONTO, ONTARIO – Nutritional High International Inc. (the "Company" or "Nutritional High") (CSE: EAT, OTCQB: SPLIF) is pleased to announce that it has closed the acquisition of the real-estate property in Lawrenceville, Illinois ("Lawrenceville Property") where the Company's medical cannabis dispensary will be located. The final acquisition was USD \$350,000 and the vendor of the property has agreed to provide a seller take-back mortgage ("Mortgage") in the amount of USD \$250,000 (please see the press release dated November 4, 2015).

The Company continues to work with architects, contractors, local authorities and service providers to commence the dispensary operations. The Company aims to complete construction in calendar first quarter of 2016, contingent on the date of the final inspection by the Department of Financial and Professional Regulation.

David Posner, CEO of Nutritional High reports – "Closing of the Lawrenceville acquisition is an important step in establishing operations in the State of Illinois. This demonstrates Nutritional High's commitment to continuing growth prospects in new jurisdictions, while continuing to execute on the projects that the Company originally embarked on."

About Nutritional High International Inc.

Nutritional High is focused on developing, acquiring and designing products and brands in the marijuana-infused edible products and oil extracts sectors for medical and adult recreational use. The Company works exclusively in jurisdictions where such activity is permitted and regulated by state law, through entities that hold a valid license to produce marijuana-infused edible products and to distribute, and dispense marijuana products.

For updates on the edibles industry and highlights of the Company's press releases and other media coverage, please follow Nutritional High on <u>Facebook</u>, <u>Twitter</u>, <u>Instagram</u> and <u>Google+</u>.

For further information, please contact:

David Posner, CEO

Nutritional High International Inc.

T: (647) 985-6727

E: dposner@nutritionalhigh.com

NEITHER THE CANADIAN SECURITIES EXCHANGE NOR OTC MARKETS GROUP INC, NOR ITS REGULATIONS SERVICES PROVIDER HAVE REVIEWED OR ACCEPT RESPONSIBILITY FOR THE ADEQUACY OR ACCURACY OF THIS RELEASE.

This news release may contain forward-looking statements and information based on current expectations. These statements should not be read as guarantees of future performance or results. Such statements involve known and unknown risks, uncertainties and other factors that may cause actual results, performance or achievements to be materially different from those implied by such statements. Such statements include submission of the relevant documentation within the required timeframe and to the satisfaction of the relevant regulators, completing the acquisition of the applicable real estate and raising sufficient financing to complete the Company's business strategy. There is no certainty that any of these events will occur. Although such statements are based on management's reasonable assumptions, there can be no assurance that such assumptions will prove to be correct. We assume no responsibility to update or revise them to reflect new events or circumstances.

Company's securities have not been registered under the U.S. Securities Act of 1933, as amended (the "U.S. Securities Act"), or applicable state securities laws, and may not be offered or sold to, or for the account or benefit of, persons in the United States or "U.S. Persons", as such term is defined in Regulation S under the U.S. Securities Act, absent registration or an applicable exemption from such registration requirements. This press release shall not constitute an offer to sell or the solicitation of an offer to buy nor shall there be any sale of the securities in the United States or any jurisdiction in which such offer, solicitation or sale would be unlawful.

Additionally, there are known and unknown risk factors which could cause the Company's actual results, performance or achievements to be materially different from any future results, performance or achievements expressed or implied by the forward-looking information contained herein. All forward-looking information herein is qualified in its entirety by this cautionary statement, and the Company disclaims any obligation to revise or update any such forward-looking information or to publicly announce the result of any revisions to any of the forward-looking information contained herein to reflect future results, events or developments, except as required by law.