



Nutritional High International Inc.
77 King Street West, Suite 2905
Toronto, ON M5K 1H1

June 11, 2015

NUTRITIONAL HIGH APPLAUDS SUPREME COURT OF CANADA RULING AND ANNOUNCES BOARD CHANGES

FOR IMMEDIATE RELEASE

TORONTO, ONTARIO – Nutritional High International Inc. (the "**Company**" or "**Nutritional High**") (CSE: NHL, OTCQB: SPLIF) applauds Supreme Court of Canada's ruling to dismiss Crown's appeal in the case of *R. v. Smith*, effectively removing restrictions on possession of cannabis derivatives for medical purposes. The court has ruled that "restricting medical access to marijuana to its dried form is inconsistent with the *Charter*. It follows that to this extent the restriction is null and void."¹

David Posner, CEO of Nutritional High commented – "We are very pleased with the Supreme Court's decision to expand the definition of cannabis to include derivative products. Being a Canadian company, this inclusion presents new opportunities to Nutritional High at home, as marijuana-infused products and oil extracts are our core specialty. We will evaluate potential ways to leverage our expertise that we've developed in the United States in Canada, as the regulators implement additional licensing measures."

Board Changes

Nutritional High has also appointed Bill Morrison to the Company's board of directors, replacing Michael Dacks. Nutritional High would like to thank Mr. Dacks for his services and wishes him well in his future endeavors.

Mr. Morrison started his career in the cannabis sector by co-founding The Union Collective in California, which quickly became a successful medical cannabis collective in the county. He also founded Capstone Analytical LLC, which was one of the first thin layer chromatography cannabis testing facilities in the Bay Area, where he developed proprietary software for testing cannabinoid potency. In 2011 Mr. Morrison was appointed as a Chief Technology Officer of Temez Extracts/Pure Vape, where he devised closed loop extraction methods that analyzed analytical grade N-Butane and further leveraged sub-critical, refined CO2 extraction. At Pure Vape he also spearheaded a partnership with Dragon Vape to become the second largest producer of refined cannabis extracts in prefilled e-cigarettes in California. Mr. Morrison's most recent appointment is a Chief Technology Officer of Peloton Pharmaceuticals, a Canadian MMPR applicant, where he was responsible for designing, developing and deploying nearly autonomous grow system focused on producing pharmaceutical grade cannabis. Mr. Morrison holds an MBA in International Business from the University of the Incarnate Word in San

¹ R. v. Smith, 2015 SCC 34; June 11, 2015; <http://scc-csc.lexum.com/scc-csc/scc-csc/en/15403/1/document.do>

Antonio, Texas and Bachelor degree in Business Administration from the University of Texas, also in San Antonio.

David Posner, CEO of Nutritional High commented – "We are very pleased to have Billy join our board. His expertise in extraction will be invaluable to Nutritional High as we continue to roll-out our edibles and oil extracts business."

Nutritional High has granted an aggregate of 400,000 incentive stock options to Bill Morrison. Each option is exercisable into one common share at an exercise price of \$0.10 per share and expires on the fifth anniversary of grant.

Nutritional High has also issued 66,667 common shares to an individual who owns 2% stake in NH Medicinal Dispensaries Inc. ("NHMD"), an indirect 98%-owned subsidiary of Nutritional High in exchange for an indemnity, which was required for the submission of the Registration Package for a medical cannabis dispensary that NHMD is establishing in Lawrenceville, Illinois.

About Nutritional High International Inc.

Nutritional High is primarily focused on developing, acquiring and designing products and brands in the marijuana-infused edible products and oil extracts sectors for medical and adult recreational use. The Company works exclusively in U.S. states where such activity is permitted and regulated by state law, through entities which hold a valid license to produce marijuana-infused edible products and to distribute, and dispense marijuana products.

For updates on the edibles industry and highlights of the Company's press releases and other media coverage, please follow Nutritional High on [Facebook](#), [Twitter](#), [Instagram](#) and [Google+](#).

For further information, please contact:

David Posner, CEO

Nutritional High International Inc.

T: (647) 985-6727

E: dposner@nutritionalhigh.com

- or -

Nelson Hudes

Hudes Communications International

T: (416) 271-5557

E: nelson@hudescommunications.com

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