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February 13, 2015

British Columbia Securities Commission Alberta Securities Commission Ontario Securities Commission Dear Sirs/Mesdames:

Re: Nutritional High International Inc. (the "Company")

We refer to the amended and restated prospectus of the Company dated February 13, 2015 (the "Prospectus") with respect to the Company's initial public offering.

We consent to being named and to the use in the above-mentioned Prospectus of our report dated November 26, 2014, to the directors of the Company on the following consolidated financial statements:

- Consolidated statement of financial position as at July 31, 2014; and
- Consolidated statement of loss and comprehensive loss, changes in shareholders' equity and cash flows for the period from the date of incorporation to July 31, 2014, and a summary of significant accounting policies and other explanatory information.

We also consent to being named and to the use in the above-mentioned Prospectus of our report dated November 27, 2013 to the shareholders of Sonoma Capital Inc. on the following financial statements:

- Consolidated Statements of financial position as at July 31, 2013 and July 31, 2012; and
- Consolidated statements of loss and comprehensive loss, changes in equity and cash flows for the years ended July 31, 2013 and 2012, and a summary of significant accounting policies and other explanatory information.

We report that we have read the Prospectus and all information therein and have no reason to believe that there are any misrepresentations in the information contained therein that are derived from the financial statements upon which we have reported or that are within our knowledge as a result of our audit of such financial statements.

We have complied with Canadian generally accepted standards for an auditor's consent to the use of a report of the auditor included in an offering document, which does not constitute an audit or review of the Circular as these terms are described in the CICA Handbook – Assurance.

Chartered Accountants Licensed Public Accountants Toronto, Ontario

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