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January 29, 2015

Ontario Securities Commission (*Principal Regulator*)  
British Columbia Securities Commission  
Alberta Securities Commission  
TSX Venture Exchange

Dear Sirs/Mesdames:

**Re: Nutritional High International Inc. (the "Corporation")  
(Final) Long Form Prospectus dated January 29, 2015  
SEDAR Project Number 02271978**

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We refer to the (final) long form prospectus of the Corporation dated January 29, 2015 (the "**Prospectus**") relating to the offering of Units of the Corporation.

We hereby consent to the use of our firm name on page (ii) of the Prospectus and under the headings "Related Party Transactions and Key Management Compensation" and "Legal Matters", and we consent to the use of our firm name and the reference to our opinion under the headings "Eligibility for Investment" and "Canadian Federal Income Tax Considerations" in the Prospectus.

We confirm that we have read the Prospectus and have no reason to believe that there are any misrepresentations in the information contained in the Prospectus that are derived from our opinion referenced above or that is within our knowledge as a result of the services we performed in connection with such opinion.

Yours very truly,

*/s/ Fogler, Rubinoff LLP*