



Ontario
Securities
Commission

Commission des
valeurs mobilières
de l'Ontario

20th Floor
20 Queen Street West
Toronto ON M5H 3S8

20e étage
20, rue queen ouest
Toronto ON M5H 3S8

RECEIPT

Nutritional High International Inc.

This is the receipt of the **Ontario Securities Commission** for the **Preliminary Long Form Prospectus** of the above Issuer dated **October 29, 2014** (the preliminary prospectus).

The preliminary prospectus has been filed under Multilateral Instrument 11-102 *Passport System* in **British Columbia and Alberta**. A receipt for the preliminary prospectus is deemed to be issued by the regulator in each of those jurisdictions, if the conditions of the Instrument have been satisfied.

October 30, 2014

Huston Loke

Huston Loke
Director, Corporate Finance

SEDAR Project # 2271978