

November 29, 2024

Filed Via SEDAR

To: All Applicable Exchanges and Commissions

Dear Sirs:

Subject: Restart Life Sciences Corp (the "Corporation") Notice of Meeting and Record Date

We are pleased to confirm the following information with respect to the Corporation's upcoming Annual General Meeting of securityholders:

| Meeting Date: | February 7, 2025 |
|---|-------------------|
| Record Date for Notice: | December 24, 2024 |
| Record Date for Voting: | December 24, 2024 |
| Beneficial Ownership Determination Date: | December 24, 2024 |
| Class of Securities Entitled to Receive Notice: | COMMON |
| Class of Securities Entitled to Vote: | COMMON |
| ISIN Number: | CA76134J1075 |
| Meeting Location: | Vancouver |
| Corporation sending materials directly to NOBOs: | No |
| Corporation to pay for delivery of materials to OBOs: | No |
| Notice-and-Access for registered holders: | Yes |
| Notice-and-Access for beneficial holders: | Yes |
| Stratification for registered holders: | No |
| Stratification for beneficial holders: | No |

In accordance with applicable securities regulations we are filing this information with you in our capacity as agent of the Corporation.

Yours truly,

OLYMPIA TRUST COMPANY

signed "Tara Garofano"

Tara Garofano Associate Relationship Manager Direct Dial: 604-670-6593

cc: CDS & Co.