

Restart Life Sciences Corp. Grants Stock Options

VANCOUVER, BC / November 13, 2024 / Restart Life Sciences Corp. (CSE: HEAL) (FSE: HN3) (OTC Pink Sheets: NMLSD) ("**Restart**" or the "**Company**") a Canadian-based life sciences company, announces that further the Company has granted 1,000,000 incentive stock options ("the Options") to a consultant of the Company. The Options are exercisable at a price \$0.05 per share and valid for a period of 3 years. The Options have been granted under and are governed by the terms of the Company's incentive stock option plan.

About Restart Life Sciences Corp.

Restart Life Sciences Corp (CSE: HEAL) ("Restart" or the "Company") a Canadian-based life sciences company listed on the Canadian Securities Exchange ("CSE").

Restart Sciences Corp.
Steve Loutskou
Chief Executive Officer

FOR FURTHER INFORMATION, PLEASE VISIT:

<https://restartlife.co> or email hello@restartlife.co
Tel:(778) 819-0244

Neither the Canadian Securities Exchange nor its Regulation Services Provider (as that term is defined in the policies of the Canadian Securities Exchange) accepts responsibility for the adequacy or accuracy of this press release, which has been prepared by management.

Cautionary Note Regarding Forward-Looking Statements

All statements in this press release, other than statements of historical fact, are "forward-looking information" with respect to the Company within the meaning of applicable securities laws. Forward-Looking information is frequently characterized by words such as "plan", "expect", "project", "intend", "believe", "anticipate", "estimate" and other similar words, or statements that certain events or conditions "may" or "will" occur and include the future performance of Restart. Forward-Looking statements are based on the opinions and estimates at the date the statements are made and are subject to a variety of risks and uncertainties and other factors that could cause actual events or results to differ materially from those anticipated in the forward-looking statements. There are uncertainties inherent in forward-looking information, including factors beyond the Company's control. There are no assurances that the business plans for Restart described in this news release will come into effect on the terms or time frame described herein. The Company undertakes no obligation to update forward-looking information if circumstances or management's estimates or opinions should change except as required by law. The reader is cautioned not to place undue reliance on forward-looking statements. For a description of the risks and uncertainties facing the

Company and its business and affairs, readers should refer to the Company's Management's Discussion and Analysis and other disclosure filings with Canadian securities regulators, which are posted on www.sedarplus.ca.