Form 51-102F3 Material Change Report

1. Name and Address of Company

Restart Life Science Corp.

700-838 W Hastings Street Vancouver, BC, V6C 0A6 (the "Company")

2. Dates of Material Change(s)

November 8, 2023

3. News Release(s)

A news release was issued on November 8, 2024 and disseminated via Stockwatch pursuant to section 7.1 of National Instrument 51–102.

4. Summaries of Material Changes

The Company announces that the Company has closed a debt settlement transaction (the "Debt Settlement") to settle an aggregate CDN\$318,008.45 in debt (the "Debt"). In settlement of the Debt, the Company has issued 6,360,169 common shares (the "Shares") at a deemed price of \$0.05 per Share.

5. Full Description of Material Changes

News Release dated November 8, 2024 - See Schedule "A"

6. Reliance on subsection 7.1(2) or (3) of National Instrument 51-102

Not applicable.

7. Omitted Information

No information has been omitted.

8. Executive Officer

Mr. Steve Loutskou, President and CEO of the Company, is knowledgeable about the material change contained herein and may be reached at (778) 819-0244.

9. Date of Report

This report is dated November 11, 2024.

SCHEDULE "A" to the Material Change Report November 11, 2024

Restart Life Sciences Corp. Closes Debt Settlement Transaction

VANCOUVER, BC / November 8, 2024 / Restart Life Sciences Corp. (CSE: HEAL) (FSE: HN3) (OTC Pink Sheets: NMLSD) ("Restart" or the "Company") a Canadian-based life sciences company, announces that further to its news release dated October 31, 2024, the Company has closed a debt settlement transaction (the "Debt Settlement") to settle an aggregate CDN\$318,008.45 in debt (the "Debt").

In settlement of the Debt, the Company has issued 6,360,169 common shares (the "Shares") at a deemed price of \$0.05 per Share. The Shares are subject to a statutory hold period of four (4) months plus a day from the date of issuance in accordance with applicable securities legislation.

As part of the Debt settlement, certain related parties of the Company have agreed to settle \$175,258.45 worth of Debt owed for unpaid fees, loans and expenses in consideration of an aggregate 3,505,169 Shares. The issuance of the 3,505,169 Shares to the related parties, constitutes a "related party transaction" as defined under Multilateral Instrument 61-101 Protection of Minority Security Holders in Special Transactions ("MI 61-101"). The Company is relying on the exemptions under section 5.5(a) and section 5.7(1)(a) from the formal valuation and minority shareholder approval requirements of MI 61-101, as the fair market value of the shares issued to the related party does not exceed 25% of the Company's market capitalization, as determined in accordance with MI 61-101.

About Restart Life Sciences Corp.

Restart Life Sciences Corp (CSE: HEAL) ("Restart" or the "Company") a Canadian-based life sciences company listed on the Canadian Securities Exchange ("CSE").

Restart Sciences Corp. Steve Loutskou Chief Executive Officer

FOR FURTHER INFORMATION, PLEASE VISIT:

https://restartlife.co or email hello@restartlife.co
Tel:(778) 819-0244

Neither the Canadian Securities Exchange nor its Regulation Services Provider (as that term is defined in the policies of the Canadian Securities Exchange) accepts responsibility for the adequacy or accuracy of this press release, which has been prepared by management.