



November 5, 2024

VIA SEDAR

BC Securities Commission
Alberta Securities Commission
Ontario Securities Commission
The Canadian Depository for Securities

Dear Sirs/Mesdames:

Re: Nova Mentis Life Science Corp. (the "Company") - Consolidation of Shares and Name Change

Pursuant to Policy 9 – *Corporate Actions* of the CSE, please be advised that the Company will consolidate its common shares on the basis of one (1) post-consolidated common share for every five (5) pre-consolidated common shares held (the "**Consolidation**"). The record date for the Consolidation is November 8, 2024. The Company will concurrently change its name to "Restart Life Sciences Corp." and corresponding stock symbol change on the Canadian Securities Exchange to "HEAL".

We trust you will find the foregoing in order. However, if you have any questions please feel free to contact the undersigned.

Yours truly,

"Kelly Pladson"

Kelly Pladson

Corporate Secretary

Nova Mentis Life Science Corp.