

Nova Mentis Announces Change of Directors and Officers

Vancouver, British Columbia – December 8, 2023 – Nova Mentis Life Science Corp. (CSE: NOVA) (FSE: HN3Q) (OTCQB: NMLSF) ("NOVA" or the "Company") announces the resignation of Dr. Stephen Glazer as Chief Scientific Officer and a Director of the Company, effective December 6, 2023.

In consideration of the resignation received from Dr. Glazer, he will not stand for re-election at the Company's upcoming annual general meeting of shareholders on December 28, 2023.

The Board would like to thank Dr. Glazer for his involvement with Nova and wishes him the best in future endeavors.

About Nova Mentis Life Science Corp.

Nova Mentis Life Science Corp. is a Canadian-based biotechnology company and global leader in developing diagnostics and psilocybin-based therapeutics for neuroinflammatory disorders. Nova is the first biotech company to achieve orphan drug designation in both the United States and European Union for the use of psilocybin in the treatment of fragile X syndrome (FXS).

NOVA's goal is to diagnose and treat debilitating chronic conditions that have unmet medical needs, such as autism spectrum disorder (ASD) and FXS.

For further information on the Company, please visit <u>www.novamentis.ca</u> or email <u>info@novamentis.ca</u>.

On Behalf of the Board

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