



November 07, 2023

**FILED VIA SEDAR**

To: All Applicable Exchanges and Commissions

Dear Sirs:

**Subject: NOVA MENTIS LIFE SCIENCE CORP (the "Corporation")  
Change of Meeting Date of Shareholders**

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We hereby confirm the Corporation's **Annual General Meeting** of Shareholders has been changed as follows:

|              |                                |                              |
|--------------|--------------------------------|------------------------------|
| Meeting Date | From: <b>December 29, 2023</b> | To: <b>December 28, 2023</b> |
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In accordance with applicable securities regulations we are filing this information with you in our capacity as agent of the Corporation.

Yours truly,

**OLYMPIA TRUST COMPANY**

*signed "Shraddha Desai"*

Shraddha Desai  
Associate Relationship Manager  
Corporate & Shareholder Services  
Direct Line: 604-707-6062

cc: CDS & Co.