Form 51-102F3 Material Change Report

1. Name and Address of Company

Nova Mentis Life Science Corp. 700-838 W Hastings Street Vancouver, BC, V6C 0A6

(the "Company")

2. Dates of Material Change(s)

August 20, 2021

3. News Release(s)

A news release was issued on August 20, 2021 and disseminated via Stockwatch and Baystreet News pursuant to section 7.1 of National Instrument 51–102.

4. Summaries of Material Changes

The Company announces it has entered into a Shares for Debt Settlement Agreement (the "Agreement") to issue 101,904 common shares (the "Settlement Shares") to a director of the Company at a deemed price of \$0.105 per Settlement Share, thereby extinguishing \$12,700 in liabilities.

5. Full Description of Material Changes

News Release dated August 20, 2021 – See Schedule "A"

6. Reliance on subsection 7.1(2) or (3) of National Instrument 51-102

Not applicable.

7. Omitted Information

No information has been omitted.

8. Executive Officer

Mr. Will Rascan, President and CEO of the Company, is knowledgeable about the material change contained herein and may be reached at (778) 819-0244.

9. Date of Report

This report is dated August 23, 2021.

SCHEDULE "A" to the Material Change Report August 23, 2021

Nova Mentis Announces Shares for Debt Transaction

Vancouver, British Columbia – August 20, 2021 – Nova Mentis Life Science Corp. (CSE: NOVA) (FSE: HN3Q) (OTCQB: NMLSF) ("NOVA" or the "Company") is pleased to report that the Company has entered into a Shares for Debt Settlement Agreement (the "Agreement") to issue 101,904 common shares (the "Settlement Shares") to a director of the Company at a deemed price of \$0.105 per Settlement Share, thereby extinguishing \$12,700 in liabilities.

The Settlement Shares issued pursuant to the Agreement will be subject to a hold period of four months and one day, which will commence on the date of issuance.

About Nova Mentis Life Science Corp.

Nova Mentis Life Science Corp. is a Canadian-based biotechnology company and global leader in developing diagnostics and psilocybin-based therapeutics for neuroinflammatory disorders. The goal is to diagnose and treat debilitating chronic conditions that have unmet medical needs, such as autism spectrum disorder (ASD) and Fragile X Syndrome (FXS).

For further information on the Company, please visit <u>https://www.novamentis.ca</u> or email <u>info@novamentis.ca</u>.

On Behalf of the Board

Will Rascan, President & CEO Nova Mentis Life Science Corp.

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