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Liberty Leaf Grants Incentive Stock Options

Vancouver, British Columbia / July 12, 2019 – Liberty Leaf Holdings Ltd. (CSE: LIB) (OTC: LIBFF) (FSE: HN3P) (“Liberty Leaf” or the “Company”) announced today that the Company has issued an aggregate of 3,550,000 incentive stock options (the "Options") to officers, directors, Advisory Board members and consultants of the Company, exercisable at \$0.105 per share. 2,300,000 are valid for a period of two years from the date of grant and 1,250,000 are valid for a period of one year from the date of grant. The Options have been granted under and are governed by the terms of the Company's incentive stock option plan. Options issued to directors and officers will be subject to a four month and one day hold period.

For further info on the Company please visit <https://www.libleaf.com> or email info@libleaf.com

On Behalf of the Board

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Neither the Canadian Securities Exchange nor its Market Regulator (as that term is defined in the policies of the Canadian Securities Exchange) accepts responsibility for the adequacy or accuracy of this release.