

August 15, 2024



REVISED

Filed via SEDAR+

To All Applicable Exchanges and Securities Administrators

**Subject: Mountain Valley MD Holdings Inc. (the "Issuer")
Notice of Meeting and Record Date**

Dear Sir/Madam:

We are pleased to confirm the following information with respect to the Issuer's upcoming meeting of securityholders:

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|---|----------------------------|
| Meeting Type: | Annual General Meeting |
| Meeting Date: | September 19, 2024 REVISED |
| Record Date for Notice of Meeting: | August 19, 2024 |
| Record Date for Voting (if applicable): | August 19, 2024 |
| Beneficial Ownership Determination Date: | August 19, 2024 |
| Class of Securities Entitled to Vote: | Common |
| ISIN: | CA62430M1014 |
| Issuer sending proxy materials directly to NOBOs: | No |
| Issuer paying for delivery to OBOs: | No |
| Notice and Access for Beneficial Holders: | No |
| Notice and Access for Registered Holders: | No |

In accordance with applicable securities regulations we are filing this information with you in our capacity as agent of the Issuer.

Yours truly,

Odyssey Trust Company
as agent for Mountain Valley MD Holdings Inc.