

OFFICER'S CERTIFICATE

**Pursuant to Section 2.20 of National Instrument 54-101:
Communication with Beneficial Owners of Securities of a Reporting Issuer
(the "Instrument")**

TO: Ontario Securities Commission
Alberta Securities Commission
British Columbia Securities Commission

RE: Annual General Meeting of the Shareholders of Mountain Valley MD Holdings Inc.
(the "**Company**") to be held on September 28, 2023 (the "**Meeting**")

I, Dennis Hancock, Chief Executive Officer and Director of the Company, hereby certify for and on behalf of the Company and not in my personal capacity and without personal liability, that, with respect to the Meeting, the Company has:

- a) relied on section 2.20 of the Instrument to abridge the time prescribed in subsection 2.2(1) and subsection 2.5(1) of the Instrument; and
- b) made the arrangements described in paragraphs (a) and (b) of section 2.20 of the Instrument.

CERTIFIED this 7th day of September, 2023

MOUNTAIN VALLEY MD HOLDINGS INC.

Per: /s/ "Dennis Hancock"

Dennis Hancock

Chief Executive Officer