

MEADOW BAY CAPITAL CORPORATION
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TSXV: MAY

Meadow Bay Appoints Directors, CFO and Grants Options

VANCOUVER, BRITISH COLUMBIA--(Marketwire - March 14, 2011) - Meadow Bay Capital Corporation (the "Company") (TSX VENTURE:MAY)(FRANKFURT:20M)(WKN:A1C3DN) is pleased to announce the appointment of Jordan Estra and Eric Allison to the Board of Directors of the Company.

The Company is also pleased to announce the appointment of Keith Margetson as Chief Financial Officer of the Company.

Mr. Estra has been a leading research analyst and global metals/mining team leader for a number of major investment banks, including SG Warburg (now UBS), Merrill Lynch, BT Alex Brown (now Deutsche Bank) and Oppenheimer. He began his career in the mining industry, at AMAX Inc., a global natural resources leader with interests in precious metals, copper, lead, zinc, coal, oil & gas, molybdenum, tungsten and iron ore. At AMAX Mr. Estra held a number of positions in Finance, Marketing and Strategic Business Development.

Mr. Allison is the managing director and chief geologist at Casimir Capital L.P., an investment bank and North American specialist in commodities and mining. Mr. Allison's work in the natural resources industry includes technical evaluation, M&A and business development experience in metals, mining and oil & gas. Prior to joining Casimir, he was a director and vice president at Sempra Commodities from 1999-2009, where he was responsible for the business development activities at Sempra Metals & Concentrates and Sempra Energy Trading. Mr. Allison has also served as a consultant to various companies and law firms including Cyprus Amax Minerals, Phelps Dodge and Schlumberger. He was the director of Business Development for Amax Energy from 1991-1994 and served as the head of Planning and Analysis at Amax Oil & Gas from 1988-1991.

Mr. Margetson is a chartered accountant and has been in public accounting for over three decades. He is a member of the British Columbia Institute of Chartered Accountants and a member of the Illinois CPA Society.

The appointment of Messrs. Estra and Allison to the Board of Directors follows the resignation of Messrs. Dan Forigo and Terry Fields. The Company would like to thank Dan and Terry for their many contributions to the Company and wish them well in their future endeavours. Mr. Fields has also resigned as chief financial officer of the Company.

"We welcome Jordan and Eric to the Board and Keith to our senior executive team. Their appointments are another important step in positioning Meadow Bay for success as each of them bring extensive experience to Meadow Bay," said Robert Dinning, Chairman and Chief Executive Officer.

The above appointments are subject to the approval of the TSX Venture Exchange.

Management of the Company will now comprise of Robert Dinning, Chief Executive Officer, Keith Margetson, Chief Financial Officer, Bill (Charles) Reed, Director of Exploration.

The Company also wishes to report that Tim Master will be in charge of the Company's Atlanta gold project in Nevada. Mr. Master is a Certified Professional Geologist with AIPG and obtained a MS degree in Geology from the University of Wyoming and has over 35 years of experience working in a variety of metal deposit types with the majority of the work in gold deposits and exploration in Nevada. Mr. Master was instrumental in the successful acquisition of the Atlanta Gold, the Colorback Gold and the Spruce Mountain Molybdenum-Copper Projects currently owned by the Company.

The Company also announces that the Board of Directors have approved the grant of 1,850,000 stock options to Officers, Directors and Consultants of the Company. Each option entitles the holder to purchase one common share of the Company at a price of \$1.24 per share for a period of five years.

The Company has appointed an audit committee consisting of Bob Dinning, Jordan Estra and Adrian Robertson.

For more information, please contact Meadow Bay Capital Corporation

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