

PUF Ventures is Added to the Composite Index of the Canadian Securities Exchange

VANCOUVER, Dec. 16, 2016 /CNW/ - **PUF Ventures Inc.** (the "**Company**") (CSE: PUF) (Frankfurt: PU3) (OTCPK: PUFXF) is very pleased to announce that it has been added to the Canadian Securities Exchange (the "**CSE**") Composite Index effective at the close of trading on Friday, December 16, 2016. As a requirement for consideration a company's securities must fall within the top quartile of eligible securities listed on the CSE.

Mr. Ivany, President and CEO of the Company, comments, "We appreciate this recognition from the CSE. We will continue to execute on our business plan with the support of our stakeholders and the platform for growth which the CSE provides."

Additionally, as noted on the CSE website, "The CSE Composite Index is a broad indicator of market activity for the CSE. With approximately 75% coverage of all equities listed on the CSE it is a uniquely positioned gauge of the Canadian small cap market. The index provides a distinctly different risk/return profile than the broad Canadian equity market. The CSE Composite Index calculation agent calculates indices for 160 clients in Europe, America and Asia."

About PUF Ventures Inc.

PUF Ventures Inc. is moving into the Bio Medical Cannabis sector by purchasing a 100% interest in AAA Heidelberg, a private Ontario company that has applied for an ACMPR license. Although the Company cannot guarantee nor estimate the timing for the issuance of a license to AAA Heidelberg, it is PUF's goal to become the next publicly traded Canadian company to be granted a new medical marijuana production license.

VapeTronix, a wholly owned subsidiary of the Company, is in the process of expanding its 1313 brand of electronic cigarettes, Marijuana Vape delivery devices and associated technologies.

ON BEHALF OF THE BOARD OF DIRECTORS

Derek Ivany
President & CEO

No stock exchange or securities regulatory authority has reviewed or accepted responsibility for the adequacy or accuracy of this release.

Some of the statements contained in this release are forward-looking statements, such as estimates and statements that describe the Issuer's future plans, objectives or goals, including words to the effect that the Issuer or management expects a stated condition or result to occur. Since forward-looking statements address future events and conditions, by their very nature, they involve inherent risks and uncertainties.

SOURCE PUF Ventures

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