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October 20, 2016 TSX-V: SEW

SEAWAY ENERGY GRANTS STOCK OPTIONS

Vancouver, British Columbia – Seaway Energy Services Inc. (the "Company") announces that stock options to purchase up to 890,000 shares of the Company, at a price of \$0.20 per share, for a term of five years have been granted to directors, officers and consultants.

ON BEHALF OF THE BOARD

David Sidoo President

All those seeking additional information are directed to contact David Sidoo; (604) 682-1558

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