

April 12, 2024



*Filed via SEDAR+*

To All Applicable Exchanges and Securities Administrators

**Subject: Goodness Growth Holdings, Inc. (the "Issuer")  
Notice of Meeting and Record Date**

Dear Sir/Madam:

We are pleased to confirm the following information with respect to the Issuer's upcoming meeting of securityholders:

Meeting Type:	Annual General Special Meeting
Meeting Date:	June 21, 2024
Record Date for Notice of Meeting:	May 7, 2024
Record Date for Voting (if applicable):	May 7, 2024
Beneficial Ownership Determination Date:	May 7, 2024
Class of Securities Entitled to Vote:	Subordinate Voting Multiple Voting
ISIN:	CA38238W1032 N/A
Issuer sending proxy materials directly to NOBOs:	No
Issuer paying for delivery to OBOs:	Yes
Notice and Access for Beneficial Holders:	Yes
Notice and Access for Registered Holders:	Yes

In accordance with applicable securities regulations we are filing this information with you in our capacity as agent of the Issuer.

Yours truly,

**Odyssey Trust Company**  
as agent for Goodness Growth Holdings, Inc.