



April 1, 2021

Filed via SEDAR

To All Applicable Exchanges and Securities Administrators

**Subject: Vireo Health International Inc. (the "Issuer") Amended
Notice of Meeting and Record Date**

Dear Sir/Madam:

We are pleased to confirm the following information with respect to the Issuer's upcoming meeting of securityholders:

Meeting Type:	Annual General Meeting
Meeting Date:	June 23, 2021
Record Date for Notice of Meeting:	April 26, 2021
Record Date for Voting:	April 26, 2021
Beneficial Ownership Determination Date:	April 26, 2021
Class of Securities Entitled to Vote:	Subordinate Voting Multiple Voting Super Voting
ISIN:	CA92767A1075 N/A N/A
Meeting Location:	Virtual
Issuer sending proxy materials directly to NOBOs:	No
Issuer paying for delivery to OBOs:	No
Notice and Access for Beneficial Holders:	No
Notice and Access for Registered Holders:	No
Stratification:	No

In accordance with applicable securities regulations we are filing this information with you in our capacity as agent of the Issuer.

Yours truly,

ODYSSEY TRUST COMPANY
Agent for Vireo Health International Inc.