VIREO HEALTH INTERNATIONAL, INC.

EARLY WARNING REPORT FILED PURSUANT TO NATIONAL INSTRUMENT 62-103

Update to Early Warning Report dated October 2, 2020.

Item 1 - Security and Reporting Issuer

1.1 State the designation of securities to which this report relates and the name and address of the head office of the issuer of the securities.

Subordinate Voting Shares (the "Shares")

Vireo Health International, Inc. (the "Corporation") 1330 Lagoon Avenue, 4th Floor Minneapolis, Minnesota 55408

1.2 State the name of the market in which the transaction or other occurrence that triggered the requirement to file this report took place.

Canadian Securities Exchange.

Item 2 - Identity of the Acquiror

2.1 State the name and address of the acquiror

Bruce Linton 9 Shamrock Place Ottawa, ON K2R 1A9

2.2 State the date of the transaction or other occurrence that triggered the requirement to file this report and briefly describe the transaction or other occurrence.

On December 4, 2020, the Linton Family Trust (2040) (the "Linton Family Trust") sold an aggregate of 156,700 Shares (the "December 4 Disposition"). In addition, previously in October, November and December 2020, the Linton Family Trust sold an aggregate of 960,873 Shares (together with the December 4 Disposition, the "Dispositions"). Mr. Linton is the trustee of The Linton Family Trust (2040).

2.3 State the names of any joint actors.

The Linton Family Trust.

Item 3 – Interest in Securities of the Reporting Issuer

3.1 State the designation and number or principal amount of securities acquired or disposed of that triggered the requirement to file this report and the change in the acquiror's securityholding percentage in the class of securities.

Immediately prior to the Dispositions, Mr. Linton beneficially owned, and exercised control or direction over, 494,973 Shares and an aggregate of 16,736,715 Share

purchase warrants, representing approximately 1.33% of the issued and outstanding Shares on a non-diluted basis and approximately 31.87% of the issued and outstanding Shares on a partially-diluted basis, assuming the exercise of the warrants held by Mr. Linton. Accordingly, Mr. Linton's interest in the Shares decreased by 2.07% on a partially diluted basis.

3.2 State whether the acquiror acquired or disposed ownership of, or acquired or ceased to have control over, the securities that triggered the requirement to file this report.

Mr. Linton disposed of beneficial ownership of the Shares. See item 2.2 above.

3.3 If the transaction involved a securities lending arrangement, state that fact.

Not applicable.

3.4 State the designation and number or principal amount of securities and the acquiror's securityholding percentage in the class of securities, immediately before and after the transaction or other occurrence that triggered the requirement to file this report.

Immediately prior to the Dispositions, Mr. Linton beneficially owned, and exercised control or direction over, 494,973 Shares and an aggregate of 16,736,715 Share purchase warrants, representing approximately 1.33% of the issued and outstanding Shares on a non-diluted basis and approximately 31.87% of the issued and outstanding Shares on a partially-diluted basis, assuming the exercise of the warrants held by Mr. Linton.

Immediately following the Dispositions, Mr. Linton beneficially owns, and exercises control or direction over, 1,114,115 Shares and an aggregate of 15,000,000 Share purchase warrants, representing approximately 2.85% of the issued and outstanding Shares on a non-diluted basis and approximately 29.80% of the issued and outstanding Shares on a partially-diluted basis, assuming the exercise of the warrants held by Mr. Linton.

- 3.5 State the designation and number or principal amount of securities and the acquiror's securityholding percentage in the class of securities referred to in Item 3.4 over which:
 - (a) the acquiror, either alone or together with any joint actors, has ownership and control,

See item 3.4 above.

(b) the acquiror, either alone or together with any joint actors, has ownership but control is held by persons or companies other than the acquiror or any joint actor, and

Not applicable.

(c) the acquiror, either alone or together with any joint actors, has exclusive or shared control but does not have ownership.

Not applicable.

3.6 If the acquiror or any of its joint actors has an interest in, or right or obligation associated with, a related financial instrument involving a security of the class of securities in respect of which disclosure is required under this item, describe the material terms of the related financial instrument and its impact on the acquiror's securityholdings.

Not applicable.

3.7 If the acquiror or any of its joint actors is a party to a securities lending arrangement involving a security of the class of securities in respect of which disclosure is required under this item, describe the material terms of the arrangement including the duration of the arrangement, the number or principal amount of securities involved and any right to recall the securities or identical securities that have been transferred or lent under the arrangement.

State if the securities lending arrangement is subject to the exception provided in section 5.7 of NI 62-104.

Not applicable.

3.8 If the acquiror or any of its joint actors is a party to an agreement, arrangement or understanding that has the effect of altering, directly or indirectly, the acquiror's economic exposure to the security of the class of securities to which this report relates, describe the material terms of the agreement, arrangement or understanding.

Not applicable.

Item 4 - Consideration Paid

4.1 State the value, in Canadian dollars, of any consideration paid or received per security and in total.

An aggregate of 1,117,573 Shares were sold pursuant to the Dispositions at an average price of \$1.46 per Share for total consideration of approximately \$1.63 million.

4.2 In the case of a transaction or other occurrence that did not take place on a stock exchange or other market that represents a published market for the securities, including an issuance from treasury, disclose the nature and value, in Canadian dollars, of the consideration paid or received by the acquiror.

Not applicable.

4.3 If the securities were acquired or disposed of other than by purchase or sale, describe the method of acquisition or disposition.

Not applicable.

Item 5 – Purpose of the Transaction

State the purpose or purposes of the acquiror and any joint actors for the acquisition or disposition of securities of the reporting issuer. Describe any plans or future intentions which the acquiror and any joint actors may have which relate to or would result in any of the following:

- (a) the acquisition of additional securities of the reporting issuer, or the disposition of securities of the reporting issuer;
- (b) a corporate transaction, such as a merger, reorganization or liquidation, involving the reporting issuer or any of its subsidiaries;
- (c) a sale or transfer of a material amount of the assets of the reporting issuer or any of its subsidiaries;
- (d) a change in the board of directors or management of the reporting issuer, including any plans or intentions to change the number or term of directors or to fill any existing vacancy on the board;
- (e) a material change in the present capitalization or dividend policy of the reporting issuer;
- (f) a material change in the reporting issuer's business or corporate structure;
- (g) a change in the reporting issuer's charter, bylaws or similar instruments or another action which might impede the acquisition of control of the reporting issuer by any person or company;
- (h) a class of securities of the reporting issuer being delisted from, or ceasing to be authorized to be quoted on, a marketplace;
- (i) the issuer ceasing to be a reporting issuer in any jurisdiction of Canada;
- (j) a solicitation of proxies from securityholders;
- (k) an action similar to any of those enumerated above.

The Shares were sold for investment purposes. Mr. Linton has no current plans or intentions that relate to or would result in any of the items listed in items (a) to (k) above. However, depending on market conditions, general economic and industry conditions, trading prices of the Corporation's securities, the Corporation's business, financial condition and prospects and/or other relevant factors, may develop such plans or intentions in the future and, at such time, Mr. Linton may from time to time acquire additional securities, dispose of some or all the existing or additional securities or may continue to hold the Shares or other securities of the Corporation.

Item 6 – Agreements, Arrangements, Commitments or Understandings With Respect to Securities of the Reporting Issuer

Describe the material terms of any agreements, arrangements, commitments or understandings between the acquiror and a joint actor and among those persons and any person with respect to securities of the class of securities to which this report relates, including but not limited to the transfer or the voting of any of the securities, finder's fees, joint ventures, loan or option arrangements, guarantees of profits, division of profits or loss, or the giving or withholding of proxies. Include such information for any of the securities that are pledged or otherwise subject to a contingency, the occurrence of which would give another person voting power or investment power over such securities, except that disclosure of standard default and similar provisions contained in loan agreements need not be included.

Not applicable.

Item 7 – Change in Material Fact

If applicable, describe any change in a material fact set out in a previous report filed by the acquiror under the early warning requirements or Part 4 in respect of the reporting issuer's securities.

Not applicable.

Item 8 – Exemption

If the acquiror relies on an exemption from requirements in securities legislation applicable to formal bids for the transaction, state the exemption being relied on and describe the facts supporting that reliance.

Not applicable.

Item 9 – Certification

I, as the acquiror, certify, or I, as the agent filing this report on behalf of an acquiror, certify to the best of my knowledge, information and belief, that the statements made in this report are true and complete in every respect.

Dated as of the 7th day of December, 2020.

(signed) "Bro	uce Linton"
Signature	