

NEWS RELEASE

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FOR IMMEDIATE RELEASE Friday, June 12, 2020

Vireo Health Announces Resignation of Bruce Linton as Board Member

MINNEAPOLIS – June 12, 2020 – Vireo Health International, Inc. ("Vireo" or the "Company") (CNSX: VREO; OTCQX: VREOF), a leading physician-led, science-focused, multi-state cannabis company, today announced Bruce Linton resigned yesterday from the Company's board of directors.

"We wish Bruce well in his future endeavors," said Kyle Kingsley, M.D., Chief Executive Officer & Founder of Vireo.

About Vireo Health International, Inc.

Vireo Health International, Inc. is a physician-led cannabis company focused on building long-term, sustainable value by bringing the best of medicine, science, and engineering to the cannabis industry. With operations strategically located in early-stage, limited-license medical markets, Vireo manufactures pharmaceutical-grade cannabis products in environmentally-friendly greenhouses and distributes its products through its growing network of Green GoodsTM retail dispensaries and hundreds of third-party locations. Its current core medical markets of New York, Minnesota, Pennsylvania, Arizona, New Mexico, and Maryland all have the potential to enact adult-use legalization in the next 24 months, and two additional markets in Puerto Rico and Massachusetts also have potential for commercialization. Combined with its teams' focus on driving scientific innovation within the industry and securing meaningful intellectual property, Vireo believes it is well positioned to become a global market leader in the cannabis industry. Today, eight of its 10 markets are operational with 13 of its 32 total retail dispensary licenses open for business. For more information about the company, please visit www.vireohealth.com.

Forward-Looking Information

This news release contains "forward-looking information" within the meaning of applicable Canadian securities legislation. Statements in this news release that are forward-looking information are subject to various risks and uncertainties, including the specific factors disclosed in Vireo's annual and interim filings with Canadian securities regulators. When used in this news release, words such as "believes," "may," "in the future," "have the potential" and similar expressions, are forward-looking information.

Forward-looking information may include, without limitation, statements including Vireo's business strategy.

Readers should not place undue reliance on forward-looking information. The forward-looking information in this news release is provided as of the date of this release. Vireo disclaims any intention or obligation to update or revise such information.

The Canadian Securities Exchange ("CSE") has not reviewed and does not accept responsibility for the adequacy of this news release. Neither the CSE nor its "regulation services provider" (as that term is defined in the policies of the CSE) accepts responsibility for the adequacy or accuracy of this release.

This news release does not constitute an offer to sell or a solicitation of an offer to sell any of the securities in the United States. The securities have not been and will not be registered under the United States Securities Act of 1933, as amended (the "U.S. Securities Act") or any state securities laws and may not be offered or sold within the United States or to U.S. Persons unless registered under the U.S. Securities Act and applicable state securities laws or an exemption from such registration is available.