

June 2, 2020

Filed via SEDAR

To All Applicable Exchanges and Securities Administrators

Subject: Vireo Health International Inc. (the "Issuer") Amended

Notice of Meeting and Record Date

Dear Sir/Madam:

We are pleased to confirm the following information with respect to the Issuer's upcoming meeting of securityholders:

Meeting Type:	Annual General Meeting
Meeting Date:	July 15, 2020
Record Date for Notice of Meeting:	May 22, 2020
Record Date for Voting:	May 22, 2020
Beneficial Ownership Determination Date:	May 22, 2020
Class of Securities Entitled to Vote:	Subordinate Voting
	Multiple Voting
	Super Voting
ISIN:	CA92767A1075
	N/A
	N/A
Meeting Location:	Virtual
Issuer sending proxy materials directly to NOBOs:	No
Issuer paying for delivery to OBOs:	No
Notice and Access for Beneficial Holders:	No
Notice and Access for Registered Holders:	No
Stratification:	No

In accordance with applicable securities regulations we are filing this information with you in our capacity as agent of the Issuer.

Yours truly,

ODYSSEY TRUST COMPANY Agent for Vireo Health International Inc.