



March 6, 2020

Filed via SEDAR

To All Applicable Exchanges and Commissions

Dear Sirs:

**Subject: Vireo Health International Inc. (the "Corporation")
Notice of Meeting and Record Date**

We are pleased to confirm the following information with respect to the Corporation's upcoming meeting of securityholders:

Meeting Type:	Annual General Meeting
Meeting Date:	May 7, 2020
Record Date for Notice of Meeting:	March 31, 2020
Record Date for Voting:	March 31, 2020
Beneficial Ownership Determination Date:	March 31 2020
Class of Securities Entitled to Vote:	Common Shares
ISIN:	CA92767A1075
Meeting Location:	Minneapolis, MN
Corporation sending proxy materials directly to NOBO:	No
Issuer paying for delivery to OBO:	No
Notice and Access for Beneficial Holders:	No
Notice and Access for Registered Holders:	No

In accordance with applicable securities regulations we are filing this information with you in our capacity as agent of the Corporation.

Yours truly,

ODYSSEY TRUST COMPANY

signed "Heather Thomas"

Heather Thomas
Associate Director, Client Services