



**Bird River Resources Inc.**  
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## **NEWS RELEASE**

### **BIRD RIVER RESOURCES INC. GRANTS NEW INCENTIVE STOCK OPTIONS**

**Winnipeg, Manitoba, March 14, 2014:** Bird River Resources Inc. (BDR-CSE) has awarded 100,000 incentive stock options to a director of the Company. This award is in compliance with the terms of the Company's Stock Option Plan and all of the options are subject to vesting over an 18-month period. The stock options are exercisable into common shares at \$0.10 per share for a term expiring March 14, 2019.

#### **About Bird River Resources Inc.**

Bird River Resources Inc. is a Winnipeg, Manitoba based resource exploration company which focuses on oil and gas exploration opportunities in southwestern Manitoba. The Company presently holds a 5% gross and a 4% net participation in 12 oil wells of which 10 are producing and several leases in southwestern Manitoba (interest ranges from 25% to 100%). The common shares of the Company trade on the Canadian Securities Exchange under the symbol BDR.

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No stock exchange or securities commission has reviewed the adequacy or accuracy of this news release.