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GLOBAL CARE CAPITAL ANNOUNCES CONSOLIDATION OF SHARES AND CHANGE OF NAME

March 22, 2023 – Vancouver, BC – Global Care Capital Inc. (CSE: HLTH, FRANKFURT: L6V2) (the "Company" or "Global Care") a global investment company which engages in early-stage investment opportunities in private and public companies, announce that the Company intends to consolidate the common shares in the capital of the Company (the "Shares") on the basis of one (1) post-consolidation Share for every twenty (20) pre-consolidation Shares (the "Consolidation of Shares"). The Company intends to change its name to "Polaris Northstar Capital Corp." (the "Change of Name") concurrent with the Consolidation of Shares to match with the Company's investment policy (the "Policy") and portfolio.

The Change of Name reflects the Company's updated investment direction, which is aimed at providing exposure to a wide range of emerging industries that align with the Policy.

The company's previous investment objectives focused on investing in companies specializing in healthcare, biotechnology, as well as blockchain and crypto mining. However, the company has shifted its investment focus to be more inclusive and industry agnostic, in line with its overarching policy of investing in companies that prioritize responsible and sustainable practices.

The Company's Policy is focused on early-stage investments in innovative and undervalued companies focused on responsible energy creation, infrastructure, technology, Environment, Social and Governance "ESG", carbon-neutral, air and water pollution, waste management, water usage and green-focused initiatives. By providing exposure to these emerging industries, the Policy offers the potential for long-term growth and profitability while also supporting environmentally conscious and sustainable practices. With a focus on well-managed companies and a diverse portfolio of supporting industries, the Policy presents a comprehensive and forward-thinking approach to investing in the future of responsible and sustainable business.

In accordance with the Articles of the Company, shareholders' approval is not required for the Consolidation of Shares and Change of Name but they are subject to the approval of the Canadian Securities Exchange (the "CSE"). The Company expects to change its stock symbol upon the Consolidation of Shares and Change of Name.

About Global Care Capital Inc.

Global Care Capital is a global investment company which specializes in providing early-stage financing to private and public companies. The Company engages in new, early-stage investment opportunities in previously underdeveloped assets and obtaining positions in early-stage investment opportunities that adequately reflect the risk profile.

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The CSE does not accept responsibility for the adequacy or accuracy of this release.

This news release does not constitute an offer to sell or a solicitation of an offer to buy nor shall there be any sale of any of the securities in any jurisdiction in which such offer, solicitation or sale would be unlawful, including any of the securities in the United States of America. The securities have not been and will not be registered under the United States Securities Act of 1933, as amended (the "1933 Act") or any state securities laws and may not be offered or sold within the United States or to, or for account or benefit of, U.S. Persons (as defined in Regulation S under the 1933 Act) unless registered under the 1933 Act and applicable state securities laws, or an exemption from such registration requirements is available.

Forward-Looking Information: This news release includes certain statements that may be deemed "forward-looking statements". The use of any of the words "anticipate", "continue", "estimate", "expect", "may", "will", "would", "project", "should", "believe" and similar expressions are intended to identify forward-looking statements. Although the Company believes that the expectations and assumptions on which the forward-looking statements are based are reasonable, undue reliance should not be placed on the forward-looking statements because the Company can give no assurance that they will prove to be correct. Since forward-looking statements address future events and conditions, by their very nature they involve inherent risks and uncertainties. These statements speak only as of the date of this News Release. Actual results could differ materially from those currently anticipated due to a number of factors and risks including various risk factors discussed in the Company's disclosure documents which can be found under the Company's profile on www.sedar.com.