



Midlands Minerals Corporation Appoints New Member to the Board and Grants Options

TORONTO, ON, November 17, 2014 – Midlands Minerals Corporation (“Midlands” or the “Company”) is pleased to announce the appointment of Mr. John Cook to the Company’s Board of Directors.

Mr. Cook, who is based in Ontario, Canada, brings an in-depth understanding and expertise in mining engineering, strategy, and corporate governance to the Company.

Mr. John Cook is President and CEO of Tormin Resources, a private mining consulting company. John Cook has more than 45 years of professional experience in all facets of mining development, operations and management. John Cook was Chairman of Wolfden Resources Inc. until its purchase by Zinifex Limited in June, 2007 and then Chairman of Premier Gold until May of 2010.

John Cook is a graduate of Sheffield University in mining engineering.

“We are delighted to welcome John to our board of directors,” Nick Tintor, Chairman of the Board commented. “John brings a wealth of knowledge and a deep understanding of the mining and exploration industry” he added.

Mr. Cook’s appointment remains subject to the approval of the TSX Venture Exchange.

Board Resignation

The Company also announces that Ace Anan Ankomah did not stand for re-election at the Annual Shareholder meeting. Mr. Ankomah has been a member of Midlands’ board since June 2012, and the Company would like to thank him for his invaluable contributions.

Grant of Options

The Board of Directors further announces it has approved the grant of an aggregate of 1,000,00 stock options (the “Options”) to eligible participants of the Company’s stock option plan (the “Plan”). The Options are exercisable into common shares of the Company at an exercise price of \$0.05, all in accordance with the Plan.

About Midlands Minerals Corporation

Midlands has an option agreement with Reservoir Minerals (“Reservoir”; TSXV: RMC) to earn up to a 75% interest in Reservoir's Parlozi zinc-lead-silver project in Serbia announced April 24, 2014.

Midlands is a Canadian resource company with common shares that trade on the TSX Venture Exchange under the symbol "MEX". The Parlozi Project, the Company's flagship, is a 91 square kilometre exploration permit which is conveniently located 35 kilometres south of Belgrade, the capital of Serbia. The Parlozi permit covers occurrences of historical lead-zinc-silver mining in the Kosmaj-Babe area of the Sumadija mining district in central Serbia. The mineralization in the permit comprises silver-bearing vein and replacement-type lead-zinc sulphides hosted by carbonate sedimentary rocks associated with intrusive Tertiary quartz latite dykes and volcanic breccias. This type of mineralization has long supported lead-zinc-silver mining operations in the region. Additional information on Midlands can be viewed under the Company's profile at www.sedar.com or on Midlands' website: www.midlandsminerals.com.

On behalf of the Board of Directors of

Midlands Minerals Corporation,

Craig Pearman
President and CEO
Telephone: +1 604 366 2229
Email: cpearman@midlandsminerals.com

FOR ADDITIONAL INFORMATION PLEASE CONTACT

Nick Tintor
Chairman
Telephone: +1 416 987 0855
Email: ntintor@rgmi.ca

Nancy Curry
Corporate Communications
Telephone: +1 604 220 2971
Email: ncurry@midlandsminerals.com

This news release includes certain forward-looking statements or information. All statements other than statements of historical fact included in this release, including, without limitation, statements regarding the completion of the Transaction, the receipt of regulatory approvals, the Company's future plans, objectives or expectations of the Company are forward-looking statements that involve various risks and uncertainties. There can be no assurance that such statements will prove to be accurate and actual results and future events could differ materially from those anticipated in such statements. Important factors that could cause actual results to differ materially from the Company's plans or expectations include risks relating to the fluctuating gold prices, possibility of equipment breakdowns and delays, exploration cost overruns, availability of capital and financing, general economic, market or business conditions, regulatory changes, timeliness of government or regulatory approvals and other risks detailed herein and from time to time in the filings made by the Company with securities regulators. The Company expressly disclaims any intention or obligation to update or revise any forward-looking statements whether as a result of new information, future events or otherwise except as otherwise required by applicable securities legislation. Neither the TSX Venture Exchange, its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange, nor the OTCQX accepts responsibility for the adequacy or accuracy of this release.