



Midlands Hires Geodrill Ltd., Plans 2,000 Metre Drill Program for Kaniago

Toronto, Ontario- September 26, 2011: Midlands Minerals Corp. (“Midlands” or the “Company”) (TSX-V:MEX; OTCQX:MDLXF) is pleased to announce that it has entered into an agreement with Geodrill Limited of Ghana to conduct a new drilling program at its Kaniago gold project in Ghana. The drilling program includes 2,000 metres of reverse circulation drilling on the Kaniago West target zone as well as diamond drilling to test down dip extensions of gold mineralized zones identified by reverse circulation drill results from earlier programs. The new reverse circulation drill program is a second phase of exploration for the Kaniago West target zone designed to further delineate gold mineralization in the area. Previously announced drill results for the Kaniago West target zone include drill hole KNRC-004 which intercepted four metres grading 1.67 grams per tonne (gpt) gold and drill hole KNRC-005 which intercepted ten metres grading 1.42 gpt gold and six metres grading 1.78 gpt gold. A map depicting the Kaniago Property and the various target zones is shown below.

Nick Tintor, Chairman of the Board, stated: “Midlands is very excited to be working with a marquee driller such as Geodrill as the company continues to revitalize its exploration efforts in Ghana”.

In addition to the drilling, Midlands has commenced a trenching program to test the numerous soil geochemical anomalies on the 45.7 square kilometre Kaniago property, which includes the Kaniago West, Mmooho and Kobinaso target zones. These zones are located within the north-northeast trending mineralized corridor on the western half of the property and is part of the Kaniago-Abore-Keegan Trend. Kobinaso also lies over a potential east-west trending fault as delineated by EM surveys. An infill soil sampling program over the Kobinaso target zone is also being conducted to test and better define previously identified gold soil anomalies before commencing the trenching program here.

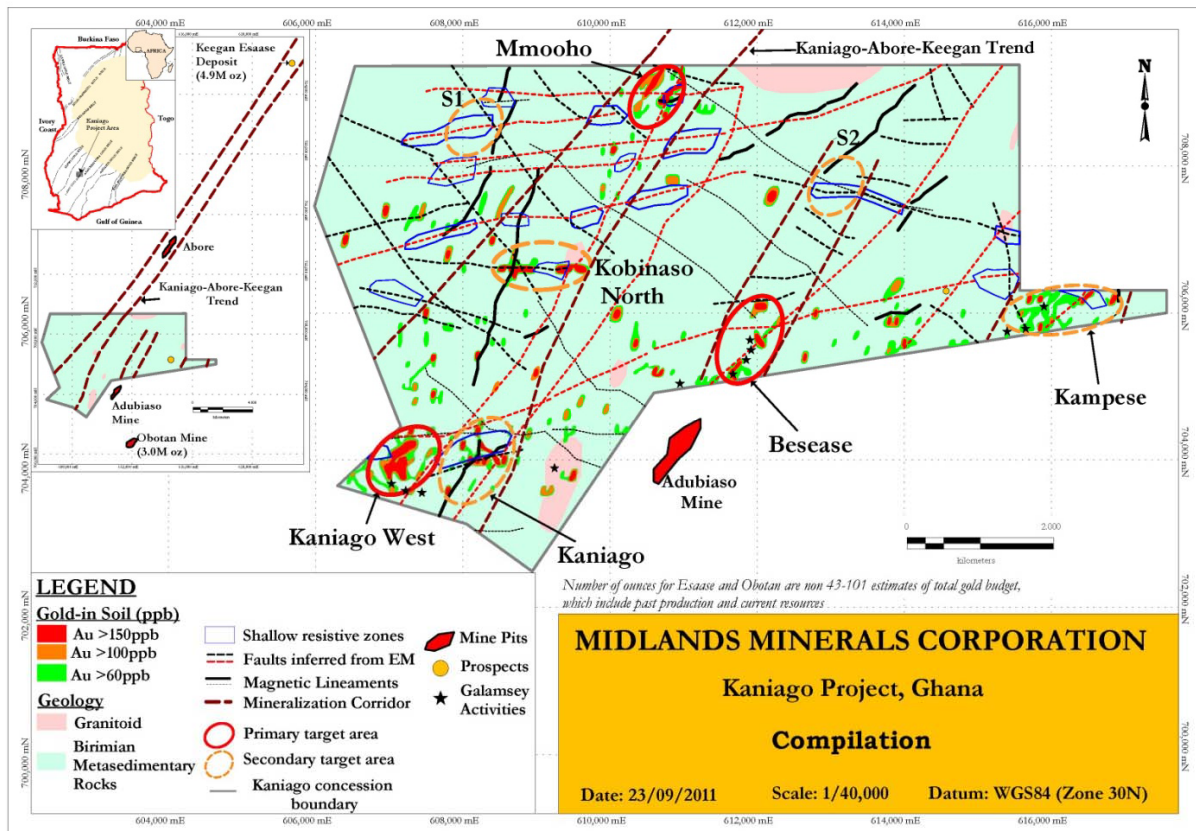
About Midlands Minerals:

Midlands Minerals is focused on developing a portfolio of high quality gold exploration projects in Ghana and Tanzania, countries with exceptional histories of gold production and home to some of the most profitable gold mines in Africa. Midlands' flagship gold property is the Sian project, site of a past producing open pit gold mine located in the Ashanti gold belt. Sian has NI 43-101 compliant Indicated gold resources of 2.6 million tonnes grading 2.33 gpt gold (192,400 ounces) and Inferred gold resources of 2.7 million tonnes grading 2.35 gpt gold (203,350 ounces). Extensions to these resources are open along strike and at depth, highlighting the potential to grow the gold resource at Sian. Midlands' highly prospective Kaniago gold project is located in Ghana's Asankrangwa gold belt and contiguous to two past open pit gold producers: Abore to the north and Obotan to the south. Recent drilling and exploration has produced highly encouraging results, demonstrating the gold resource potential of the project.

Midlands also holds highly prospective licences for gold and diamonds in two regions in Tanzania. The first is found in the Lake Victoria Goldfields region and includes its advanced Itilima Gold Project, which

lies within the Geita-Bulyanhulu-Sekenke Trend, which hosts over 40 million ounces in gold reserves. The second region lies within the Kilindi-Handeni Trend and includes the New Kilindi-Handeni prospecting licences.

Elizabeth Vida, P.Geo., a qualified person as defined by National Instrument 43-101, is responsible for the technical information contained in this release. Please note: mineral resources that are not mineral reserves do not have demonstrated economic viability. Additional information on Midlands can be viewed under the Company’s profile at www.sedar.com or on Midlands’ website: www.midlandsminerals.com.



On behalf of the Board of Directors:
Nick Tintor
 Chairman of the Board

FOR FURTHER INFORMATION, PLEASE CONTACT:
 Midlands Minerals Corporation
 Email: info@midlandsminerals.com
 Website: www.midlandsminerals.com

Corporate Communications: Kimberly Ann
Kann@midlandsminerals.com
 tel.: 1-530-414-4400

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