



## **Midlands Minerals Provides Update on the Sian-Praso Gold Project, Ghana**

**Toronto, Ontario – June 15, 2012: Midlands Minerals Corp.** (“Midlands” or the “Company”) (TSX-V: MEX) provides an update regarding its Sian-Praso gold project located in the Eastern Region of Ghana.

On May 31, 2012, Midlands announced that it had started a 5,900-meter drill program on the Esaase prospect located on the Sian-Praso concession and provided an update on the status of its negotiations to resolve outstanding issues with Sian Goldfields Limited (“Sian”), a shareholder in the joint venture company Akroma Gold Company Limited (“Akroma”), which is 65% owned by Midlands. (Refer to the Company’s press release dated May 31, 2012.)

Midlands has entered into detailed discussions with Sian to find a commercial resolution that is satisfactory to all stakeholders. However, armed youths obstructed the drilling and after six days of attempting to access the property the drill rig was demobilized and the drill program has been suspended until further notice.

Craig Pearman, President and CEO of Midlands stated that “Midlands will continue to seek a full resolution to its issues with Sian and is optimistic that the government officials in Ghana will assist in a swift resolution of the matter for the benefit of all stakeholders and that the drill program will be resumed in the near future.”

### ***About Midlands Minerals:***

Midlands Minerals is focused on developing a portfolio of high quality gold exploration projects in Ghana and Tanzania, countries with exceptional histories of gold production and home to some of the most profitable gold mines in Africa. Midlands’ flagship gold property is the 65% owned Sian project, site of a past producing open pit gold mine located in the Ashanti gold belt. Sian has NI 43-101 compliant Indicated gold resources of 2.6 million tonnes grading 2.33 g/t gold (192,400 ounces) and Inferred gold resources of 2.7 million tonnes grading 2.35 g/t gold (203,350 ounces). Extensions to these resources are open along strike and at depth, highlighting the potential to grow the gold resource at Sian. Midlands’ Kaniago gold project is located in Ghana’s Asankrangwa gold belt and is contiguous to two past open pit gold producers: Abore to the north and Obotan to the south. Recent drilling and exploration has produced encouraging results, demonstrating the gold resource potential of the project.

Midlands also holds licences for gold and diamonds in two regions in Tanzania. The first is found in the Lake Victoria Goldfields region and includes its advanced Itilima Gold Project, which lies within the Geita-Bulyanhulu-Sekenke Trend, which hosts over 40 million ounces in gold reserves. The second region lies within the Kilindi-Handeni Trend and includes the New Kilindi-Handeni prospecting licences.

Craig Pearman, a “qualified person” as defined by National Instrument 43-101, has reviewed and approved the technical information and data included in this press release. Additional information on Midlands can be viewed under the Company’s profile at [www.sedar.com](http://www.sedar.com) or on Midlands’ website: [www.midlandsminerals.com](http://www.midlandsminerals.com).

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