



Midlands Minerals Announces New Vice President of Exploration

Toronto, Ontario – March 6, 2012: Midlands Minerals Corp. (“Midlands” or the “Company”) (TSX-V:MEX; OTCQX:MDLXF) is pleased to welcome Dr. Dominique Fournier as Vice President of Exploration.

Mr. Fournier brings more than 30 years of exploration experience working for major, mid-tier and junior mining companies. Most recently, Dr. Fournier was Exploration Manager in Turkey for Alamos Gold Inc. where he led the expansion and definition drilling of the Agi Dagi and Kirazli gold deposits. Dr. Fournier’s work resulted in a significant increase in the global resource to 2.4 million ounces gold and the co-discovery and definition of the nearby Camyurt deposit. He also served as Vice President of Exploration for Oro Gold Resources Ltd advancing exploration projects in Mexico, Vice President Exploration for MDN Inc. with advanced stage projects in Tanzania, Africa, and Project Manager for Western Prospector Group Ltd leading to the definition of the 22.3M pounds U₃O₈ Gurvanbulag uranium deposit in Mongolia. Before these, Dr. Fournier initiated and managed all exploration activities and development programs for ASARCO Inc. in French Guiana where he was instrumental in the discovery and definition of the 3.0 million ounce Camp Caiman gold deposit and, in collaboration with JV partner Golden Star, in the discovery of the 1.9 million ounce Paul Isnard gold deposit.

Dr. Fournier, a registered European Geologist, is a “qualified person” under the National Instrument 43-101 regulation. He is immediately taking charge of all exploration programs in progress, with additional responsibilities in project generation for the company.

Mr. Craig Pearman, President and CEO of Midlands Minerals commented: “We are delighted to have Dr. Fournier join the Midlands exploration team. He has a wealth of relevant experience to further focus our exploration efforts and ensure that Midlands delivers on its work plans in both Ghana and Tanzania. Dr. Fournier’s employment reinforces the quality of the Midlands portfolio of projects.”

About Midlands Minerals:

Midlands Minerals is focused on developing a portfolio of high quality gold exploration projects in Ghana and Tanzania, countries with exceptional histories of gold production and home to some of the most profitable gold mines in Africa. Midlands’ flagship gold property is the Sian project, site of a past producing open pit gold mine located in the Ashanti gold belt. Sian has NI 43-101 compliant Indicated gold resources of 2.6 million tonnes grading 2.33 gpt gold (192,400 ounces) and Inferred gold resources of 2.7 million tonnes grading 2.35 gpt gold (203,350 ounces). Extensions to these resources are open along strike and at depth, highlighting the potential to grow the gold resource at Sian. Midlands’ Kaniago gold project is located in Ghana’s Asankrangwa gold belt and is contiguous to two past open pit gold

producers: Abore to the north and Obotan to the south. Recent drilling and exploration has produced encouraging results, demonstrating the gold resource potential of the project.

Midlands also holds licences for gold and diamonds in two regions in Tanzania. The first is found in the Lake Victoria Goldfields region and includes its advanced Itilima Gold Project, which lies within the Geita-Bulyanhulu-Sekenke Trend, which hosts over 40 million ounces in gold reserves. The second region lies within the Kilindi-Handeni Trend and includes the New Kilindi-Handeni prospecting licences.

Please note: mineral resources that are not mineral reserves do not have demonstrated economic viability. Craig Pearman, President and CEO of Midlands, is a “qualified person” as defined by National Instrument 43-101, and has reviewed and approved the technical information and data included in this press release. Additional information on Midlands can be viewed under the Company’s profile at www.sedar.com or on Midlands’ website: www.midlandsminerals.com.

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