PRESS RELEASE

VINERGY RESOURCES LTD.

(CNSX - VIN)

Vinergy Resources Ltd. - Completes Farm-Out Agreement & Appointment of New Director

December 5, 2013

Vinergy Resources Ltd. (the "Company") reports that it has entered into a farm-out agreement with a private Alberta corporation effective November 21, 2013. In consideration of a payment of \$25,000 the Company was granted an option to earn a 6.7-per-cent-before-payout, 2-per-cent-after-payout working interest in 448 hectares in the Nipisi area of north-central Alberta from an arm's-length third party. A Calgary based engineering firm has been engaged to prepare a geological report on the prospect. Based on past reports reviewed by management of Vinergy, upon the operator proceeding with the test well, the company can earn its working interest by financing its proportionate share of the costs to drill, case, complete and equip a Gilwood well at an approximate depth of 1,720 metres at an estimated net cost to Vinergy of \$100,000. Total costs to complete a well and equip with a single-well battery aggregate \$1.5-million. Wells in the vicinity have had historic initial production of 200 barrels per day to 250 barrels per day and have generally stabilized at 100 barrels per day; however, there is no assurance that the proposed well will match these results.

The Company is also pleased to announce that effective November 12, 2013 Mr. Ken Ralfs was appointed to the board of directors.

On Behalf of the Board "Randy Clifford"
Randy Clifford
CEO & Director

For further information, please contact:

Randy Clifford Phone: 780-466-6006

The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.

Forward-looking Statements

This news release contains certain forward-looking statements that reflect the current views and/or expectations of management with respect to performance, business and future events, including but not limited to express or implied statements and assumptions regarding the Company's intention to exercise the option referred to herein and the receipt of necessary regulatory approvals. Forward-looking statements are based on the then-current expectations, beliefs, assumptions, estimates and forecasts about the business and the industry and markets in which the Company operates. Forward-looking statements are not guarantees of future performance and involve risks, uncertainties and assumptions which are difficult to predict. Investors are cautioned that all forward-looking statements involve risks and uncertainties including, without limitation, that the Company will choose not exercise the option and those risks relating to changes in the market, potential downturns in economic conditions, fluctuations in the price and supply of raw materials, equipment and skilled labour, fluctuations in the market price of minerals, foreign exchange fluctuations, regulatory requirements and changes thereto, competition, and other risk factors listed from time to time in the Company's public filings. These risks, as well as others, could cause actual results and events to vary significantly. Accordingly, readers should not place undue reliance on forward-looking statements and information, which are qualified in their entirety by this cautionary statement. The Company does not undertake any obligations to release publicly any revisions for updating any voluntary forward-looking statements, except as required by applicable securities law.