

SIERRA GROWTH CORP.

CSE: SGRO
OTC: SIEGF
FKT: F9IQ

For Immediate Release

CORPORATE UPDATE: BAL RESIGNS

Delta, British Columbia, May 31, 2019, Sierra Growth Corp. (the “Company” or “Sierra”) (CSE: SGRO) (OTC: SIERF) (FF: F91Q) reports that Jatinder (“Jack”) Bal has resigned as an independent director of the Company to focus on business unrelated to the Company. Sierra would like to thank him for his service and time with the Company and wishes him well with future endeavours. Mr. Daryl Ware-Lane has agreed to replace the vacancy left by Mr. Bal’s resignation.

Mr. Ware-Lane has over 10 years of experience, with various privately held and institutional corporations, in business development, investor and public relations as a director and independent consultant.

The Company will continue to have three directors, two of which are independent.

ON BEHALF OF THE BOARD OF DIRECTORS

“*Sonny Janda*”
Director
+1 (604) 357-4731

Further information regarding Sierra Growth Corp. and its operations can be obtained by reviewing the Company’s interim and annual reports and other documents on SEDAR at www.sedar.com.

Forward Looking Statements – Certain information set forth in this news release may contain forward-looking statements that involve substantial known and unknown risks and uncertainties. These forward-looking statements are subject to numerous risks and uncertainties, certain of which are beyond the control of Sierra Growth Corp., including, but not limited to the impact of general economic conditions, industry conditions, volatility of commodity prices, currency fluctuations, dependence upon regulatory approvals, the availability of future financing and exploration risk. Readers are cautioned that the assumptions used in the preparation of such information, although considered reasonable at the time of preparation, may prove to be imprecise and, as such, undue reliance should not be placed on forward-looking statements.

Neither the Canadian Securities Exchange nor its Market Regulator (as that term is defined in the policies of the Canadian Securities Exchange) accepts responsibility for the adequacy or accuracy of this news release.