RENFORTH RESOURCES INC. PRESS RELEASE

Renforth Drills to Extend Mineralized Zones to Surface at Parbec

December 7, 2016 – Toronto, ON – RFR-CNSX Renforth Resources ("Renforth") Renforth is pleased to offer the following update on recent positive developments at Parbec.

A backpack drill program was carried out over 4 field days this fall in order to test the usefulness of the backpack drill at Parbec. This program has determined that the drill is useful in obtaining sub-surface vertical samples, providing fresh rock and provides an ability to obtain sub-surface sample material to explore surface observations or where other sampling is not possible. 20 holes were drilled to varying depths, these were successful in revealing and defining 3d mineralization trends and structures, returning assay results consistent with the mineralization drilled, with one notable exception. Sample 1408808 was a 90cm hole drilled in a trench excavated in 2015 and poorly sampled due to water infiltration at the time of trenching. During the backpack program a hole was successfully drilled, obtaining a result of 4.2 g/t over 90cm (vertical), continuing the south porphyry unit to surface. In addition to this the Tuff Horizon, under several metres of clay overburden, was briefly intersected (20cm) and returned gold values, a felsite horizon was also successfully sampled and returned gold values.

2015 Grab Samples from Felsites ~25m to NW, up to **6.67g/t Au** PARREC Section 5625F: Sample 1408808: 4.197g/t Au looking northwest Taken 90cm below surface PAR-86-08 PAR-11-04 From South Porphyry Horizon Surface Collar Overburden 1.80g/t Au 2.54g/t Au over 3.0m Felsite Horizon Felsite Horizon Tuff Horizons 1.28g/t Au over 12.0m -50m 0.92g/t Au over 5.1m section 5600E .79g/t Au over 18.6m -100m 3.67g/t Au Pontiac Group Porphyry Sills; 2.17g/t Au Sediments Cadillac Break Schists

Renforth has commenced the updating of the Parbec technical report, expected to be filed in the near future, to include a sensitivity analysis that has been completed on the resource by the same geological team that calculated the resource. It is known that the historic resource at Parbec was calculated only on the "tuff" lithological unit in the Camp Zone of the Parbec deposit. In calculating the initial Parbec Resource Renforth identified the occurrence of gold in the porphyry, diorite and felsite lithological units and included this material, at times of a lower grade than the tuff mineralization, in the resource.

Renforth recently raised \$14,000 in a non-brokered private placement of units at \$0.05 per unit. The flow-through units subscribed for totaled \$10,000 and consisted of one share and a half of one warrant, a full warrant exercisable for a period of 18 months into one common share at a price of \$0.10. The common share units, subscribed for in the amount of \$4,000, consist of one share and one full warrant, the warrant exercisable for a period of 24 months into one common share at a price of \$0.10.

Issued securities are subject to a statutory four month hold, the funds raised will be used for eligible exploration expenses on Renforth's Canadian properties and for general working capital purposes.

The technical information in this press release has been reviewed and approved by Brian H. Newton P.Geo, a qualified person pursuant to the guidelines contained within National Instrument 43-101.

ABOUT RENFORTH

Renforth Resources Inc. is a Toronto-based gold exploration company with interests in two of Canada's gold exploration camps. In the Cadillac-Malartic Gold Camp, the Company holds the New Alger project, with an inferred resource of 237,000 ounces of gold above a depth of 200 metres contained in 3,505,000 tonnes with a grade of 2.1g/t Au using a cut-off of 0.75 g/t Au (see press release July 17, 2014) as calculated by Brian H. Newton P.Geo and Philip Burt P.Geo, which is located on the Cadillac Break outside of Cadillac, Quebec and an option to purchase 100% of the Parbec Property from Globex Mining Enterprises Inc. (GMX-TSE), a historically identified gold occurrence with more than 100 drillholes completed and a ramp into the mineralization in place located outside of Malartic, Quebec, contiguous to the Canadian Malartic open pit mine. In Ontario, the Company has a 100% interest in the Nixon-Bartleman project, located on the Porcupine-Destor fault in the West Timmins Mining area, another historic gold occurrence with a couple of old shallow pits onsite and a history of past drilling which has not yet defined the gold occurrence.

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No securities regulatory authority has approved or disapproved of the contents of this news release.

Forward Looking Statements

This news release contains forward-looking statements and information under applicable securities laws. All statements, other than statements of historical fact, are forward looking. Forward-looking statements are frequently identified by such words as 'may', 'will', 'plan', 'expect', 'believe', 'anticipate', 'estimate', 'intend' and similar words referring to future events and results. Such statements and information are based on the current opinions and expectations of management. All forward-looking information is inherently uncertain and subject to a variety of assumptions, risks and uncertainties, including the speculative nature of mineral exploration and development, fluctuating commodity prices, the risks of obtaining necessary approvals, licenses and permits and the availability of financing, as described in more detail in the Company's securities filings available at www.sedar.com. Actual events or results may differ materially from those projected in the forward-looking statements and the reader is cautioned against placing undue reliance thereon. Forward-looking information speaks only as of the date on which it is provided and the Company assumes no obligation to revise or update these forward-looking statements except as required by applicable law.