

Issuer Amended

Global Wellness Strategies Announces Name Change

Vancouver September 21, 2023 – Global Wellness Strategies Inc. (CSE: GWS) (Frankfurt: O3X4) (OTCQB: GWSFF) ("Global Wellness" or the "Company is pleased to announce that, effective September 25, 2023, it will be changing its corporate name to "XTACYTherapeutics Corp. The Company's stock symbol on the Canadian Securities Exchange will also be changed to "XTCY", and the Company expects its shares will commence trading under the new name and ticker symbol on or about market opening on Tuesday, September 26, 2023. The new CUSIP and ISIN numbers for the Name and Symbol Change will be 98423G107 and CA98423G1072 respectively.

No action will be required by existing shareholders with respect to the name change. Certificates representing common shares of the Company will not be affected by the name change and will not need to be exchanged. The Company encourages any shareholder with any questions or concerns to contact the Company or to discuss any of the foregoing with their broker or agent.

Ms. Meris Kott CEO comments: "We noticed many companies currently are using the terms "Global Wellness" to represent general lifestyle brands, and while we support their consumer products we needed to differentiate ourselves. We are providing high growth companies with financial, operational, and management assistance in the fast-growing market for wellness consumer goods. We help our clients create sustainable products that elevate our personal health and well-being. We are an advisor focused on helping develop strategies to launch new molecular compounds through clinical trials and studies. We will continue to promote companies focused in cannabis, hemp, and psychedelics."

About Global Wellness Strategies:

Global Wellness Strategies is a prospect generator that provides high growth companies with financial, operational, and management assistance in the fast growing market for wellness consumer products. The focus of the Company is on global wellness, psychedelics, mycology, hemp and CBD, healthcare-related target companies.

For further information visit websites:

www.globalwellnessstrategies.com

Or Contact Meris Kott CEO 604.484.0355 or email to info@globalwellnessstrategies.com

Further information about the Company is available on www.SEDAR.com under the Company's profile.

Neither the Canadian Securities Exchange nor its Regulation Services Provider (as that term is defined in the policies of the Canadian Securities Exchange) accepts responsibility for the adequacy or accuracy of this release.