

## Global Wellness Strategies Updates Shanti Therapeutics Focused on MDMA Psychedelic Clinical Trials

Vancouver, British Columbia, January 31, 2023 – Global Wellness Strategies Inc. (CSE: GWS) (Frankfurt: O3X4) (OTCQB: GWSFF) ("Global" or the "Company") announces Shanti Therapeutics MDMA Clinical Trial Update.

"I am excited to lead Shanti into 2023, as we try to solve the puzzle of pain with MDMA. We are fortunate that the US is leading the way with promising research results and growing popularity of psychedelics bringing greater exposure to old illicit drugs globally. Shanti means peace and our goals for 2023 is simply to help pain sufferers finally find a solution to their own inner peace. Join us and our shareholders and become a stakeholder." said Meris Kott, CEO, Global Wellness Strategies Inc.

Global Wellness Strategies is pleased to announce we are securing our import partner for export to Australia of MDMA. PharmAla Biotech Holdings Inc. supply agreement was signed in February 2022 and they remain the supplier of the GMP MDMA.

The world-class medical advisory team is lead by world-renowned Dr. Sud Agarwal. His experience and expertise in the psychedelic industry will contribute significantly to our efforts as a co-founder of Shanti Therapeutics as well as the CEO of iNGENü, based in Melbourne, Australia who is engaged as the CRO (clinical research organization) by the Company to conduct clinical trials for Shanti Therapeutics. iNGENü, has secured near US\$100m in research work alone for 2023, hoping to become one of the global leaders in psychedelic research. It is presently completing trials for companies treating depression, anxiety, trauma, and pain.

Shanti's product suite of MDMA could be the Global Market Winner finding a solution to the chronic puzzle of pain. The protocol is a single center, randomized crossover study to investigate the efficacy of MDMA vs placebo in a model of experimental pain in healthy adults. Shanti has a targeted research pathway to clinical success, with strong proprietary protection under its already submitted patent providing a method for the treatment or prevention of pain. Global Wellness acquired Shanti Therapeutics in 2022 and all share issuances for the acquisition have been completed.

## **About Global Wellness Strategies:**

Global Wellness Strategies is a prospect generator that provides high growth companies with financial, operational, and management assistance in the fast growing market for wellness consumer products. The focus of the Company is on global wellness, psychedelics, mycology, hemp and CBD, healthcare-related target companies.

## www.globalwellnessstrategies.com

Or Contact Meris Kott CEO 604.484.0355 or email to info@globalwellnessstrategies.com

Further information about the Company is available on www.SEDAR.com under the Company's profile.

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