



**Global Wellness Annual Meeting Major Success**  
Over 50% of Outstanding Shareholders Vote to Approve All

**VOTING RESULTS**

**Vancouver, British Columbia, August 15, 2022: GLOBAL WELLNESS STRATEGIES INC.** (the "Company") (CSE: GWS) (Frankfurt: O3X4) (OTCQB: GWSFF) held its Annual General and Special Meeting on August 18, 2022 (the "Meeting") and in accordance with section 11.3 of National Instrument 51-102 *Continuous Disclosure Obligations*, the Company hereby advises of the following voting results obtained at the Meeting:

Total Shares Issued & Outstanding as of July 14, 2022	31,484,352
Total Shares represented at the Meeting:	15,842,282 (50.32%)

The matters voted upon and the voting results are as follows:

	<u>For</u>	<u>Against</u>	<u>Outcome</u>
<b><u>Number of Directors</u></b>			
Setting the number of Directors at Four	15,842,282 (100%)	0	Carried

**Election of Directors**

The election of the following nominees as directors of the Company for the ensuing year or until their successors are appointed:

	<u>For</u>	<u>Withheld</u>	<u>Outcome</u>
Meris Kott	15,592,617 (98.42%)	249,665 (1.58%)	Carried
Mark Ireton	15,624,117 (98.62%)	218,165 (1.38%)	Carried
Lindsey R. Perry Jr.	15,592,617 (98.42%)	249,665 (1.58%)	Carried
Ashleigh A. Vogstad	15,624,117 (98.62%)	218,665 (1.38%)	Carried

The Company is also pleased to announce that shareholders voted overwhelmingly to appoint the Dale Matheson Carr-Hilton & Labonte LLP, as its Auditor and to accept the Restricted Share Unit plan. Both passed with over 98% in favor of the resolutions.

August 19, 2022

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“We wish to thank our shareholders for the overwhelming support of the Company, and our board, by voting their shares in favor of all the resolutions presented to them. We are extremely appreciative of those shareholders across the continent who participated in the Shareholder meeting. It is overwhelming to feel the commitment of so many of you to our projects and your participation helping launch many of them. Let’s keep this going!” said Meris Kott, CEO Global Wellness Strategies Inc.

**About Global Wellness Strategies:**

Global Wellness Strategies is a prospect generator that provides high growth companies with financial, operational, and management assistance in the fast-growing market for wellness consumer products. The focus of the Company is on global wellness, psychedelics, mycology, hemp and CBD, healthcare-related target companies.

**For further information visit websites:**

[www.globalwellnesstrategies.com](http://www.globalwellnesstrategies.com)

Or Contact Meris Kott CEO 604.484.0355 or email to [info@globalwellnesstrategies.com](mailto:info@globalwellnesstrategies.com)

Further information about the Company is available on [www.SEDAR.com](http://www.SEDAR.com) under the Company’s profile.

Neither the Canadian Securities Exchange nor its Regulation Services Provider (as that term is defined in the policies of the Canadian Securities Exchange) accepts responsibility for the adequacy or accuracy of this release. Certain statements contained in this release may constitute “forward-looking statements” or “forward-looking information” (collectively “forward-looking information”) as those terms are used in the Private Securities Litigation Reform Act of 1995 and similar Canadian laws. These statements relate to future events or future performance. The use of any of the words “could”, “intend”, “expect”, “believe”, “will”, “projected”, “estimated”, “anticipates” and similar expressions and statements relating to matters that are not historical facts are intended to identify forward-looking information and are based on the Company’s current belief or assumptions as to the outcome and timing of such future events. Actual future results may differ materially. In particular, this release contains forward-looking information relating to the business of the Company, its financing and certain corporate changes. The forward-looking information contained in this release is made as of the date hereof and the Company is not obligated to update or revise any forward-looking information, whether as a result of new information, future events or otherwise, except as required by applicable securities laws. Because of the risks, uncertainties and assumptions contained herein, investors should not place undue reliance on forward-looking information. The foregoing statements expressly qualify any forward-looking information contained herein.