

Form 51-102F3
Material Change Report

Item 1 Name and Address of Company

Global Wellness Strategies Inc. (the “Company”)
1100 - 1111 Melville St., Vancouver, BC V6E 3V6

Item 2 Date of Material Change

August 2, 2022

Item 3 News Release

A news release was issued and disseminated on August 2, 2022 and subsequently filed on the CSE website and SEDAR (www.sedar.com) with the securities commissions of British Columbia, Alberta, and Ontario.

Item 4 Summary of Material Change

The Company has issued 1,500,000 common shares at a deemed price of \$0.10 per share in the settlement of \$150,000 of debt.

Item 5 Full Description of Material Change

The Company has paid its renewal contract signed in January with Captios Partners Inc. for marketing and branding of the Company’s consumer product goods via debt settlement for their yearly monthly fee of \$12,500 CDN in common shares at a price per share of \$0.10 for a value of \$150,000 CND.

Item 6 Reliance on subsection 7.1(2) of National Instrument 51-102

Not applicable.

Item 7 Omitted Information

Not applicable.

Item 8 Executive Officer

The following senior officer of the Company is knowledgeable about the material change and this report:

Meris Kott, CEO, and Director
Email: info@redfundcapital.com

Phone: 604.484.0355

Item 9 Date of Report

August 2, 2022