

World-Renowned Dr. Sud Agarwal Joins Global Wellness Strategies

Strengthens Entire Team with a Focus on Chronic Pain Market with Psychedelics

Vancouver, British Columbia, May 9, 2022 – Global Wellness Strategies Inc. (CSE:GWS) (OTCQB:GWSFF) (Frankfurt:O3X4) ("Global" or the "Company") welcomes world-renowned Dr. Sud Agarwal as the chief medical advisor to lead the advisory team. His experience and expertise in the psychedelic industry will contribute significantly to our efforts in the space moving forward.

Dr. Agarwal is a co-founder of Shanti Therapeutics based in Australia, a company focused on pharmaceutical grade psychedelic solutions that Global Wellness recently acquired from Cannvalate Pty Ltd. Shanti is focused on psychedelic MDMA-based drug development and solving the puzzle of chronic pain with MDMA-based medicines utilizing clinical trials for the purposes of novel drug development.

Sud is a pioneer and a global first-mover in the cannabis space, a key influencer and an awarded cannabinoid research expert and an experienced listed company executive with deep investment networks. He is also a board member and executive of a number of public and private companies. Additionally, Dr. Agarwal is a specialist anesthesiologist and expert in FDA novel drug development. He has extensive experience in all phases of clinical trials for novel drugs. He has a proven ability to realize value from the companies he runs and/or invests in.

"We are honored to have Sud serve as a medical advisor and chair the advisory board, and we look forward to his invaluable strategic advice as we continue to grow Global Wellness and enter the psychedelic industry through our acquisition of Shanti Therapeutics. I could not ask for a more committed and valuable partner to Global Wellness." remarked Global Wellness Strategies CEO, Meris Kott.

About Global Wellness Strategies

Global Wellness Strategies is a prospect generator that provides high growth companies with financial, operational, and management assistance in the fast-growing market for wellness consumer products. The focus of the Company is on global wellness, psychedelics, mycology, hemp and CBD, healthcare-related target companies.

For further information visit websites:

www.globalwellnessstrategies.com and www.shantitherapeutics.com

Or Contact Meris Kott CEO 604.484.0355 or email to info@globalwellnessstrategies.com

Further information about the Company is available on www.SEDAR.com under the Company's profile.

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