



Mr. Kelly Abbott reports

PARCELPAL INCREASES OPERATIONS FOR COVID-19

Vancouver, British Columbia, Canada – March 19th, 2020 – ParcelPal Technology Inc. (“ParcelPal” or the “Company”), (PKG:CSE) (FSE:PTO) (OTC:PTNYF) is pleased to announce that in response to the Coronavirus Pandemic (COVID-19), the Company has hired approximately 50 new staff members to ensure service levels can be met resulting from major increases in demand without disruption to both our clients and vendors. Additionally, the Company has opened higher radiuses of delivery for clients and vendors.

The Company has also seen a significant uptick in total deliveries. This comes as a result of an increased number of vendors that are being serviced as well as an increase in our active user base.

President and CEO Kelly Abbott commented “The safety and well-being of everyone who interacts with ParcelPal is always our priority. We are actively monitoring the coronavirus (COVID-19) situation and are taking steps to help keep our communities safe. Despite the Corona Virus pandemic, we want to ensure that our services are not affected for customers and our vendors. We will continue to service our customers and communities during this pandemic by continuously adding new personnel to our roster to ensure all services levels are met.”

Abbott continued, “We have also added contactless delivery program, as an option to better allow handling of all items that mitigates any potential exposure to COVID-19 for all parties involved with the transaction. We are working closely with all partners to ensure the safety of our staff and our community. These efforts combined with a streamlined process are starting to result in a huge influx of deliveries, as we surpass our milestone early this year.”

About ParcelPal Technology Inc.

ParcelPal is a leader in the growing technology and logistics industry. ParcelPal seamlessly connects consumers to businesses, where they have access to the goods they love, anytime, anywhere. Customers can shop at partner businesses and through the ParcelPal technology receive their purchased goods within an hour or the same day. The Company offers on-demand

delivery of merchandise from leading retailers, restaurants, medical marijuana dispensaries and liquor stores in Vancouver, Calgary, Saskatoon and soon in major cities Canada-wide.

ParcelPal Website: www.parcelpal.com

The Canadian Securities Exchange (“CSE”) or any other securities regulatory authority has not reviewed and does not accept responsibility for the adequacy or accuracy of this news release that has been prepared by management.

CSE – Symbol: **PKG**

FSE – Symbol: **PTO**

OTC – Symbol: **PTNYF**

Contact: re:Investor Inquiries -info@parcelpal.com

Forward Looking Information

This news release contains forward looking statements relating to the Proposed Transaction, and the future potential of ParcelPal. Forward looking statements are often identified by terms such as "will", "may", "should", "intends", "anticipates", "expects", "plans" and similar expressions. All statements other than statements of historical fact, included in this release are forward looking statements that involve risks and uncertainties. These risks and uncertainties include, without limitation, the risk that the Proposed Transaction will not be completed due to, among other things, failure to execute definitive documentation, failure to complete satisfactory due diligence, failure to receive the approval of the CSE and the risk that ParcelPal will not be successful due to, among other things, general risks relating to the mobile application industry, failure of ParcelPal to gain market acceptance and potential challenges to the intellectual property utilized in ParcelPal. There can be no assurance that any forward looking statements will prove to be accurate and actual results and future events could differ materially from those anticipated in such statements.

The Company cannot guarantee that any forward looking statement will materialize and the reader is cautioned not to place undue reliance on any forward looking information. Such information, although considered reasonable by management at the time of preparation, may prove to be incorrect and actual results may differ materially from those anticipated. Forward looking statements contained in this news release are expressly qualified by this cautionary statement. The forward looking statements contained in this news release are made as of the date of this news release and the Company will only update or revise publicly any of the included forward looking statements as expressly required by Canadian securities laws.