

Mr. Kelly Abbott reports

PARCELPAL EXPANDS WITH LINETEN INTO VANCOUVER

Vancouver, British Columbia, Canada KA1] — December 19, 2019 — ParcelPal Technology Inc. ("ParcelPal" or the "Company"), (PKG:CSE) (FSE:PTO) (OTC:PTNYF) ParcelPal is pleased to announce expansion with Lineten Technology, Inc. into Vancouver, BC, Canada.

Integration tasks have been complete, and the program will consist of ParcelPal fulfilling orders for same-day delivery across the Lower Mainland for Lineten's customers. In response to increased demand ParcelPal, effective immediately, has expand service zones for same day and on-demand in Calgary and Vancouver. In British Columbia same day service has been expanded throughout the lower mainland from Abbotsford to West Vancouver and now includes such population dense areas as Surrey, Richmond, and Coquitlam. The expansion in Calgary now provides same day service covering the entire city limits of Calgary and has expanded to include service to outlying cities such as Airdrie, Okotoks, and Cochrane.

President and CEO Kelly Abbott States, "We are thrilled to be able to extend our reach into existing markets and serviceable population base by millions of potential customers. We look forward to providing all partners with effective technology and logistics needs. With Lineten integrating into their platform, continued growth is expected, and new markets are being pursued for continued expansion."

About ParcelPal Technology Inc.

ParcelPal is a leader in the growing technology and logistics industry. ParcelPal seamlessly connects consumers to businesses, where they have access to the goods they love, anytime, anywhere. Customers can shop at partner businesses and through the ParcelPal technology receive their purchased goods within an hour or the same day. The Company offers on-demand delivery of merchandise from leading retailers, restaurants, medical marijuana dispensaries and liquor stores in Vancouver, Calgary, Saskatoon and soon in major cities Canada-wide.

ParcelPal Website: www.parcelpal.com

The Canadian Securities Exchange ("CSE") or any other securities regulatory authority has not reviewed and does not accept responsibility for the adequacy or accuracy of this news release that has been prepared by management.

CSE – Symbol: **PKG** FSE – Symbol: **PTO** OTC – Symbol: **PTNYF**

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Forward Looking Information

This news release contains forward looking statements relating to the Proposed Transaction, and the future potential of ParcelPal. Forward looking statements are often identified by terms such as "will", "may", "should", "intends", "anticipates", "expects", "plans" and similar expressions. All statements other than statements of historical fact, included in this release are forward looking statements that involve risks and uncertainties. These risks and uncertainties include, without limitation, the risk that the Proposed Transaction will not be completed due to, among other things, failure to execute definitive documentation, failure to complete satisfactory due diligence, failure to receive the approval of the CSE and the risk that ParcelPal will not be successful due to, among other things, general risks relating to the mobile application industry, failure of ParcelPal to gain market acceptance and potential challenges to the intellectual property utilized in ParcelPal. There can be no assurance that any forward looking statements will prove to be accurate and actual results and future events could differ materially from those anticipated in such statements.

The Company cannot guarantee that any forward looking statement will materialize and the reader is cautioned not to place undue reliance on any forward looking information. Such information, although considered reasonable by management at the time of preparation, may prove to be incorrect and actual results may differ materially from those anticipated. Forward looking statements contained in this news release are expressly qualified by this cautionary statement. The forward looking statements contained in this news release are made as of the date of this news release and the Company will only update or revise publicly any of the included forward looking statements as expressly required by Canadian securities laws.