

ParcelPal Welcomes Ontario MP Parm Gill to the Advisory Board of Directors

Vancouver, British Columbia, Canada – May 14th, 2019 – ParcelPal Technology Inc. ("ParcelPal" or the "Company"), (CSE: PKG) (FSE: PTO) (OTC: PTNYF) is pleased to welcome Ontario MP Parm Gill as an advisor to the Board of Directors.

Parm Gill is the current Member of Provincial Parliament for Milton. Prior to his work in public service, Parm was involved in several family businesses in the manufacturing and hospitality industries. Parm studied at the Ivey School of Business at Western University, earning his Master of Business Administration degree.

Before being elected to the Ontario Legislature in 2018, Parm was the Federal Member of Parliament for Brampton-Springdale from 2011-2015.

While serving as the MP in the Canadian House of Commons, Parm was appointed as the Parliamentary Secretary to the Minister of Veteran Affairs, and later, the Minister of International Trade. Throughout his tenure, Parm was a member of many committees including the Standing Committee of Public Safety and National Security, Health, Canadian Heritage, Veterans Affairs, and International Trade.

In 2012, Parm introduced a Private Member's Bill, C-394. His bill introduced a new Criminal Code offense: prohibiting the recruitment or encouragement of a person to join a criminal organization. The bill passed with unanimous consent and became law in June 2014. The bill works to keep our streets, neighbourhoods, and committees safer which has always been a top priority for Parm.

As Chair of the Standing Committee on Justice Policy, Parm continues his advocacy work to keep our communities safe. The committee is responsible for studying and providing recommendations on bills related to policing and the courts.

President and CEO Kelly Abbott States, "I am very excited to have Parm join the Advisory Board. Mr. Gill's knowledge on economic issues and private sector experience will be an asset for ParcelPal moving forward. Mr. Gill has changed criminal law for the better and is always looking for the betterment of safety for all Canadians."

Parm Gill stated "I am excited to be joining a company that has put public safety first. As ParcelPal moves further into cannabis and alcohol delivery, I am happy to advise on how they can continue the fight against intoxicated people on the roads and getting their products safely. ParcelPal has a bright future and I am excited to be part of a team that will grow their business across Canada and the United States."

About ParcelPal Technology Inc.

ParcelPal is a technology-driven logistics company that connects consumers to the goods they love. Customers can shop at partner businesses and through the ParcelPal technology receive their purchased goods within an hour. The Company offers on-demand delivery of merchandise from leading retailers, restaurants, medical marijuana dispensaries and liquor stores in Vancouver and soon in major cities Canada-wide.

ParcelPal Website: www.parcelpal.com

The Canadian Securities Exchange ("CSE") or any other securities regulatory authority has not reviewed and does not accept responsibility for the adequacy or accuracy of this news release that has been prepared by management.

CSE – Symbol: **PKG** FSE – Symbol: **PTO** OTC – Symbol: **PTNYF**

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Forward Looking Information

This news release contains forward looking statements relating to the Proposed Transaction, and the future potential of ParcelPal. Forward looking statements are often identified by terms such as "will", "may", "should", "intends", "anticipates", "expects", "plans" and similar expressions. All statements other than statements of historical fact, included in this release are forward looking statements that involve risks and uncertainties. These risks and uncertainties include, without limitation, the risk that the Proposed Transaction will not be completed due to, among other things, failure to execute definitive documentation, failure to complete satisfactory due diligence, failure to receive the approval of the CSE and the risk that ParcelPal will not be successful due to, among other things, general risks relating to the mobile application industry, failure of ParcelPal to gain market acceptance and potential challenges to the intellectual property utilized in ParcelPal. There can be no assurance that any forward looking statements will prove to be accurate and actual results and future events could differ materially from those anticipated in such statements.

The Company cannot guarantee that any forward looking statement will materialize and the reader is cautioned not to place undue reliance on any forward looking information. Such information, although considered reasonable by management at the time of preparation, may prove to be incorrect and actual results may differ materially from those anticipated. Forward looking statements contained in this news release are expressly qualified by this

cautionary statement. The forward looking statements contained in this news release are made as of the date of this news release and the Company will only update or revise publicly any of the included forward looking statements as expressly required by Canadian securities laws.