

ParcelPal Announces Attendance to AlphaNorth Capital Conference and Updated Corporate Presentation

Vancouver, British Columbia, Canada – January 15th, 2019 – ParcelPal Technology Inc. ("ParcelPal" or the "Company"), (CSE: PKG) (FSE: PTO) (OTC: PTNYF) announces that President and CEO Kelly Abbott will present the 5th annual AlphaNorth Capital Conference.

The AlphaNorth Capital Conference will feature some of the best companies in the small cap arena across various sectors including technology, biotech & healthcare and connect them with over 140 of the top retail brokers and institutional investors (funds & family offices) in North America through a full day of one-on-one meetings.

President and CEO Kelly Abbott States, "In 2019, one of ParcelPal's key objectives is to introduce our story to new Canadian, US and international investors to allow them the opportunity to hear firsthand of our successes to date and the compelling reasons why investment in ParcelPal could prove advantageous, especially as we continue to execute on our strategic and business objectives. This conference allows the opportunity to introduce ParcelPal to numerous institutions that are interested in high growth, innovative technology companies like ParcelPal."

The company would like to announce that it has also updated their corporate presentation for 2019. The presentation can be found at: www.parcelpal.com/investor.

About ParcelPal Technology Inc.

ParcelPal is a technology driven logistics company that connects consumers to the goods they love. Customers can shop at partner businesses and through the ParcelPal technology receive their purchased goods within an hour. The Company offers on-demand delivery of merchandise from leading retailers, restaurants, medical marijuana dispensaries and liquor stores in Vancouver and soon in major cities Canada-wide.

ParcelPal Website: www.parcelpal.com

The Canadian Securities Exchange ("CSE") or any other securities regulatory authority has not reviewed and does not accept responsibility for the adequacy or accuracy of this news release that has been prepared by management.

CSE – Symbol: **PKG** FSE – Symbol: **PT0** OTC – Symbol: **PTNYF**

Contact: Peter Hinam, Investor Relations – peter@parcelpal.com

Forward Looking Information

This news release contains forward looking statements relating to the Proposed Transaction, and the future potential of ParcelPal. Forward looking statements are often identified by terms such as "will", "may", "should", "intends", "anticipates", "expects", "plans" and similar expressions. All statements other than statements of historical fact, included in this release are forward looking statements that involve risks and uncertainties. These risks and uncertainties include, without limitation, the risk that the Proposed Transaction will not be completed due to, among other things, failure to execute definitive documentation, failure to complete satisfactory due diligence, failure to receive the approval of the CSE and the risk that ParcelPal will not be successful due to, among other things, general risks relating to the mobile application industry, failure of ParcelPal to gain market acceptance and potential challenges to the intellectual property utilized in ParcelPal. There can be no assurance that any forward looking statements will prove to be accurate and actual results and future events could differ materially from those anticipated in such statements.

The Company cannot guarantee that any forward looking statement will materialize and the reader is cautioned not to place undue reliance on any forward looking information. Such information, although considered reasonable by management at the time of preparation, may prove to be incorrect and actual results may differ materially from those anticipated. Forward looking statements contained in this news release are expressly qualified by this cautionary statement. The forward looking statements contained in this news release are made as of the date of this news release and the Company will only update or revise publicly any of the included forward looking statements as expressly required by Canadian securities laws.