



TSXV: SRW
OTCQX: SLDRF
FRANKFURT: YRS

For Immediate Release

June 1, 2012

Solid Resources Reports On Details of Annual General Meeting

VANCOUVER, - **Solid Resources Ltd. ("Solid" or the "Company") (TSX-V: SRW) (OTCQX: SLDRF) (Frankfurt: YRS)** announced that it held its Annual General Meeting on May 30, 2012. All of the resolutions proposed to the shareholders detailed in the Notice of Annual General Meeting of Solid Resources Ltd. dated May 7, 2012 were duly passed.

Resolutions which were passed included:

The following four (4) incumbent directors were re-elected for the coming year:

D. Randy Hayward
Harry McKinders
Rick Gliege
Greg Pendura

The re-appointment of K.R. Margetson Ltd., Chartered Accountants as Solid's auditor;

Approval of the amended Stock Option Plan to increase the number of common shares reserved for issuance under the plan.

About Solid Resources:

Solid Resources is a Canadian junior mining company focusing on the exploration and development of rare and precious metals and industrial commodities worldwide. The Company is currently quantifying the presence of tantalum, tin, lithium and other rare minerals on its property in north-western Spain. In addition, further exploratory work is being conducted on its gold, copper concession in the Province of Ayabaca in northwest Perú.

Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

For further information contact:

Solid Resources Ltd
Greg Pendura
President & CEO
Solid Resources Ltd.
Ph: (780) 800-0726
www.solidresources.com